

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 1 W35 5000 Meter Race Walk**

Name	Age	Team	Seed	Finals	Age-Grading
27:00.00	35	SA Nat colours std			
32:39.00	35	WPS WP Colours Standard			
Finals					
1 #10020 Sandi, Fundiswa	W38	RAVENSMEAD	29:46.90	WPS	29:30.11 67.06%
-- # 946 Du Plessis, Charl	W37	VARSIY OLD BOYS AC		DQ	

**Event 1 W45 5000 Meter Race Walk**

Name	Age	Team	Seed	Finals	Age-Grading
28:45.00	45	SA Nat colours std			
34:36.00	45	WPS WP Colours Standard			
Finals					
1 # 7206 Hector, Sandra	W45	LANGEBAAAN AC	48:45.44		45:06.04 43.86%

**Event 1 W50 5000 Meter Race Walk**

Name	Age	Team	Seed	Finals	Age-Grading
30:05.00	50	SA Nat colours std			
35:53.00	50	WPS WP Colours Standard			
Finals					
1 # 637 Horn-Botha, Debor	W53	VARSIY OLD BOYS AC	31:17.05	WPS	27:44.20 71.33%
2 # 2000 Race, Anne	W51	SPARTAN HARRIERS AC	36:20.59		32:13.32 61.40%

**Event 1 W55 5000 Meter Race Walk**

Name	Age	Team	Seed	Finals	Age-Grading
31:35.00	55	SA Nat colours std			
38:15.00	55	WPS WP Colours Standard			
Finals					
1 # 518 Van Buuren, Leslie	W57	CGMA	27:20.43	SA	23:06.33 85.62%
2 # 655 Gilmour, Trish	W56	VARSIY OLD BOYS AC	32:40.13	WPS	27:36.51 71.66%
3 # 9824 Goosen, Jackie	W57	BRACKENFELL ACC	33:01.91	WPS	27:54.92 70.87%
4 # 5783 Sutherland, Joy	W58	WEST COAST AC	34:03.55	WPS	28:47.01 68.73%

**Event 1 W60 5000 Meter Race Walk**

Name	Age	Team	Seed	Finals	Age-Grading
33:10.00	60	SA Nat colours std			
40:58.00	60	WPS WP Colours Standard			
Finals					
1 # 1957 James, Pamela	W61	SPARTAN HARRIERS AC	32:27.63	SA	25:59.08 76.13%
2 # 7052 Burger, Erdine	W62	BELLVILLE AC	34:08.65	WPS	27:19.95 72.38%

**Event 1 W65 5000 Meter Race Walk**

Name	Age	Team	Seed	Finals	Age-Grading
35:10.00	65	SA Nat colours std			
45:27.00	65	WPS WP Colours Standard			
Finals					
1 # 3044 Brand, Edna	W67	STRAND AC	31:36.28	SA	23:47.53 83.15%
2 # 4573 Blignaut, Frieda	W68	SANLAM AC	31:56.47	SA	24:02.72 82.28%
3 # 2070 Nel, Elizabeth	W69	SPARTAN HARRIERS AC	36:33.34	WPS	27:31.15 71.89%



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4 # 7051 Roux, Isabel W66 BELLVILLE AC 37:58.11 WPS 28:34.97 69.21%

**Event 1 W70 5000 Meter Race Walk**

37:25.00 70 SA Nat colours std  
48:00.00 70 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 1607 Pearson, Birdie	W70 SPARTAN HARRIERS AC		35:23.56 SA	24:50.74 79.62%
2 #10940 Josephs, Wendy	W70 RUNWALK FOR LIFE AC		35:47.80 SA	25:07.76 78.73%
3 #10045 Aver, Carol-Ann	W73 RUNWALK FOR LIFE AC		35:58.54 SA	25:15.30 78.33%
4 # 1778 Botes, Helen	W72 SPARTAN HARRIERS AC		43:28.68 WPS	30:31.30 64.82%

**Event 1 W75 5000 Meter Race Walk**

40:00.00 75 SA Nat colours std  
51:02.00 75 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 7196 Kidson, Cecile	W77 LANGEBAAN AC		38:05.19 SA	24:41.27 80.13%
2 # 1658 Brennan, Megan	W75 SPARTAN HARRIERS AC		42:36.40 WPS	27:37.06 71.63%

**Event 1 W80 5000 Meter Race Walk**

44:40.00 80 SA Nat colours std  
Name Age Team Seed Finals Age-Grading

1 # 1937 Reid, Peggy	W82 SPARTAN HARRIERS AC		42:03.93 SA	24:52.15 79.55%
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**Event 2 M30 5000 Meter Race Walk**

25:39.00 30 WPS WP Colours Standard  
Name Age Team Seed Finals Age-Grading

1 #11110 Ismail, Tawfeeq	M32 TITANS		34:30.55	34:30.56 52.04%
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**Event 2 M40 5000 Meter Race Walk**

24:45.00 40 SA Nat colours std  
27:35.00 40 WPS WP Colours Standard  
Name Age Team Seed Finals Age-Grading

1 # 1286 Nel, Jacob	M41 BOLMA		29:39.38	28:09.88 63.77%
-- # 2997 Smit, Aldrin	M44 STRAND AC		DQ	

**Event 2 M45 5000 Meter Race Walk**

25:45.00 45 SA Nat colours std  
28:42.00 45 WPS WP Colours Standard  
Name Age Team Seed Finals Age-Grading

1 # 776 Mc Donald, Ross	M46 VARSITY OLD BOYS AC		27:41.13 WPS	25:16.28 71.07%
2 # 3122 Dippenaar, Andrie	M47 STRAND AC		39:28.46	36:01.94 49.84%



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**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 2 M50 5000 Meter Race Walk**

26:45.00 50 SA Nat colours std		30:00.00 50 WPS WP Colours Standard			
Name	Age Team	Seed	Finals	Age-Grading	
1 # 1717 Cupido, Clive	M53 BOLMA		28:51.05 WPS	25:16.23	71.07%
2 #10712 Fisher, Ebrahima	M52 ARD ATHLETIC CLUB		29:25.40 WPS	25:46.32	69.69%
3 # 3067 Hines, Dennis	M51 STRAND AC		30:02.94	26:19.20	68.24%
4 # 8804 Jefra, Nicholas	M50 EASTERNS AC		31:59.20	28:01.03	64.10%

**Event 2 M55 5000 Meter Race Walk**

27:55.00 55 SA Nat colours std		31:42.00 55 WPS WP Colours Standard			
Name	Age Team	Seed	Finals	Age-Grading	
1 # 9761 Papier, Adam	M56 BRACKENFELL ACC		29:35.44 WPS	24:49.60	72.34%
2 # 7199 Hector, Douglas	M59 LANGEBAAN AC		31:17.02 WPS	26:14.83	68.43%

**Event 2 M60 5000 Meter Race Walk**

29:15.00 60 SA Nat colours std		33:00.00 60 WPS WP Colours Standard			
Name	Age Team	Seed	Finals	Age-Grading	
1 # 5073 Bosman, Marius	M62 BELLVILLE AC		30:24.43 WPS	24:20.64	73.78%
2 # 1150 Fuller, Raymond	M61 VARSITY OLD BOYS AC		30:42.43 WPS	24:35.05	73.05%

**Event 2 M65 5000 Meter Race Walk**

30:50.00 65 SA Nat colours std		35:45.00 65 WPS WP Colours Standard			
Name	Age Team	Seed	Finals	Age-Grading	
-- # 2838 Spiers, John	M69 STRAND AC		DQ		

**Event 2 M70 5000 Meter Race Walk**

33:05.00 70 SA Nat colours std		38:00.00 70 WPS WP Colours Standard			
Name	Age Team	Seed	Finals	Age-Grading	
1 # 4647 Van Zyl, Johan	M70 SANLAM AC		30:15.32 SA	21:41.59	82.79%
2 # 7546 Diedericks, Len	M74 CAPE MULTI-SPORT		32:36.85 SA	23:23.07	76.80%

**Event 2 M75 5000 Meter Race Walk**

35:15.00 75 SA Nat colours std		41:36.00 75 WPS WP Colours Standard			
Name	Age Team	Seed	Finals	Age-Grading	
1 # 7054 Spencer, Jurgen	M78 BELLVILLE AC		32:32.17 SA	21:51.47	82.17%



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**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 2 M80 5000 Meter Race Walk**

Name	Age	Team	Seed	Finals	Age-Grading
	37:25.00	80 SA Nat colours std			
	47:12.00	80 WPS WP Colours Standard			
1 # 7110 Morgan-Smith, Dav	M81	SWD		35:20.30 SA	22:03.92 81.39%

**Event 3A W30 5000 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	19:44.00	30 WPS WP Colours Standard			
1 # 7404 Wessels, Twane	W33	CAPE MULTI-SPORT		21:31.65	21:31.66 66.94%

**Event 3A W45 5000 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	19:45.00	45 SA Nat colours std			
	22:30.00	45 WPS WP Colours Standard			
1 # 2110 De Villiers, Cori	W47	NEDBANK WP		21:06.52 WPS	19:18.87 74.61%
2 # 2804 Brink, Elizabeth	W45	DURBANVILLE AC		22:04.06 WPS	20:11.52 71.37%

**Event 3A W50 5000 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	20:39.00	50 SA Nat colours std			
	24:30.00	50 WPS WP Colours Standard			
1 # 3572 Zarraga, Aleida	W50	ITHEKO AC		25:15.47	22:02.25 65.39%

**Event 3A W55 5000 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	21:28.00	55 SA Nat colours std			
	26:00.00	55 WPS WP Colours Standard			
1 # 9937 Du Bruyn, Linda	W55	TYGERBERG AC		23:12.16 WPS	19:15.50 74.83%

**Event 3B M30 5000 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	17:12.00	30 WPS WP Colours Standard			
1 #10134 Wildschut, Riaan	M32	ATHLANTIC TRIATH		16:17.10 WPS	16:17.11 77.47%

**Event 3B M35 5000 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	15:10.00	35 SA Nat colours std			
	17:15.00	35 WPS WP Colours Standard			
1 # 7533 Broers, Neil	M38	CAPE MULTI-SPORT		16:42.58 WPS	16:42.59 75.51%
-- #11546 Blaauw, Ricardo	M37	BOXER WP ATH CLUB		DQ	



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**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 3B M40 5000 Meter Run**

15:22.00 40 SA Nat colours std		18:00.00 40 WPS WP Colours Standard			
Name	Age Team	Seed	Finals	Age-Grading	
1 #11977 Van Rooyen, Chris	M42 BOXER WP ATH CLUB		16:25.60 WPS	15:51.21	79.58%
2 # 7522 Van Der Walt, Tja	M41 CAPE MULTI-SPORT		16:54.41 WPS	16:19.01	77.32%
3 #11117 Swartz, Quinton	M44 TITANS		17:31.88 WPS	16:55.17	74.57%
4 #13375 Juries, Chubasco	M43 ITHEKO AC		19:21.36	18:40.83	67.54%

**Event 3B M50 5000 Meter Run**

16:31.00 50 SA Nat colours std		19:00.00 50 WPS WP Colours Standard			
Name	Age Team	Seed	Finals	Age-Grading	
1 #10224 Swart, Dries	M54 ATHLANTIC TRIATH		20:24.77	18:16.54	69.04%
2 # 1881 Cleophas, Tony	M53 SWD		20:35.10	18:25.79	68.46%

**Event 3B M55 5000 Meter Run**

17:33.00 55 SA Nat colours std		20:00.00 55 WPS WP Colours Standard			
Name	Age Team	Seed	Finals	Age-Grading	
1 # 3003 Ruppert, Max	M58 STRAND AC		19:18.30 WPS	16:36.61	75.96%

**Event 3B M60 5000 Meter Run**

18:21.00 60 SA Nat colours std		22:30.00 60 WPS WP Colours Standard			
Name	Age Team	Seed	Finals	Age-Grading	
1 #12100 Wrensch, Peter	M60 WP CRICKET CLUB		20:37.08 WPS	17:01.22	74.13%

**Event 3B M65 5000 Meter Run**

20:03.00 65 SA Nat colours std		23:30.00 65 WPS WP Colours Standard			
Name	Age Team	Seed	Finals	Age-Grading	
1 # 3110 Naude, Alan	M69 STRAND AC		24:16.92	19:09.81	65.84%

**Event 4A W30 200 Meter Dash**

28.14 30 WPS WP Colours Standard					
Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 # 6880 Walters, Marike	W32 CAPE PEN UNIVERS	26.31 WPS	-0.3	26.32	81.11% 3
2 # 404 Malan, Liandri	W34 BOLMA	27.72 WPS	-0.3	27.73	76.98% 3



**WESTERN PROVINCE MASTERS  
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27.38 35 SA Nat colours std

28.74 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 #13011 Kotze, Retha	W39 BELLVILLE AC		28.55 WPS	-0.3	27.70 77.06%	3
2 # 9940 Miske, Mirjam	W39 TYGERBERG AC		31.38	-0.3	30.45 70.11%	3

**Event 4A W40 200 Meter Dash**

27.72 40 SA Nat colours std

30.24 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 # 765 Robertson, Moira	W41 STELLENBOSCH UNI AC		27.78 WPS	-0.3	25.96 82.22%	3
2 # 8062 Tregonning, Rushd	W44 HEWAT ATH CLUB		30.47	0.5	28.47 74.96%	2

**Event 4A W45 200 Meter Dash**

28.84 45 SA Nat colours std

32.74 45 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 # 7222 Figland, Beverley	W48 UNIVERSITY WESTE		29.63 WPS	0.5	26.62 80.19%	2

**Event 4A W55 200 Meter Dash**

31.32 55 SA Nat colours std

36.24 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 # 7214 Beukes, Ronel	W59 LANGEBAAN AC		29.57 SA	0.5	24.44 87.35%	2
2 # 3004 Ruppert, Annette	W55 STRAND AC		31.24 SA	0.5	25.82 82.68%	2
3 # 1377 Van Tonder, Dalee	W56 BOLMA		32.52 WPS	0.5	26.87 79.43%	2

**Event 4A W60 200 Meter Dash**

33.36 60 SA Nat colours std

38.24 60 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 1660 Riviera, Joy	W64 SPARTAN HARRIERS AC		42.87	0.1	33.88 63.00%

**Event 4A W65 200 Meter Dash**

36.91 65 SA Nat colours std

40.24 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 #14619 Jonkers, Margaret	W69 NANTES ATH CLUB		42.10	0.1	31.76 67.20%



**WESTERN PROVINCE MASTERS  
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**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 4A W80 200 Meter Dash**

50.00 80 SA Nat colours std						
Name	Age Team	Seed	Finals	Wind	Age-Grading	
1 #13729 Johnson, Maggie	W82 TYGERBERG AC		50.55	0.1	29.61	72.09%

**Event 4B M30 200 Meter Dash**

24.24 30 WPS WP Colours Standard						
Name	Age Team	Seed	Finals	Wind	Age-Grading H#	
1 # 9958 Udu, Pascal	M30 TYGERBERG AC		23.62 WPS	0.9	23.63	81.80% 5
2 #15573 Hiebner, Gareth	M32 INDIVIDUAL ENTRY		24.07 WPS	0.9	24.08	80.27% 5

**Event 4B M35 200 Meter Dash**

22.90 35 SA Nat colours std						
24.44 35 WPS WP Colours Standard						
Name	Age Team	Seed	Finals	Wind	Age-Grading H#	
1 #13348 Dreyer, Jonathan	M37 ITHEKO AC		22.40 SA	0.9	22.04	87.68% 5
2 # 7055 Le Grange, Jacobu	M39 BELLVILLE AC		25.26	0.9	24.85	77.75% 5

**Event 4B M40 200 Meter Dash**

23.42 40 SA Nat colours std						
25.44 40 WPS WP Colours Standard						
Name	Age Team	Seed	Finals	Wind	Age-Grading H#	
1 #13003 Mentoer, Ricardo	M41 BELLVILLE AC		23.57 WPS	1.7	22.48	85.96% 4
3 #15410 Bothma, Rupert	M44 BELLVILLE AC		25.59	1.7	24.41	79.17% 4
4 #12589 Williams, Dominiq	M44 BELLVILLE AC		25.60	1.7	24.42	79.14% 4
5 #16127 Louw, Pieter	M44 CAPE MULTI-SPORT		29.13	1.7	27.78	69.55% 4
6 #13375 Juries, Chubasco	M43 ITHEKO AC		29.78	1.7	28.40	68.03% 4

**Event 4B M45 200 Meter Dash**

24.22 45 SA Nat colours std						
26.44 45 WPS WP Colours Standard						
Name	Age Team	Seed	Finals	Wind	Age-Grading H#	
1 #13836 Basson, Marius	M46 ORANJERIVIER AK		24.48 WPS	1.3	22.61	85.46% 3
2 #15571 Cloete, John	M47 BELLVILLE AC		25.00 WPS	1.3	23.09	83.68% 3
2 #16058 Gravel, Xola	M45 SA POLICE SER AC		25.57 WPS	1.7	24.39	79.23% 4
3 # 1247 Solomons, Anthony	M48 BOLMA		25.26 WPS	1.3	23.33	82.82% 3
4 # 6871 Cottee, Alistair	M49 CAPE PEN UNIVERS		26.92	1.3	24.87	77.71% 3

**Event 4B M50 200 Meter Dash**

25.00 50 SA Nat colours std						
27.54 50 WPS WP Colours Standard						
Name	Age Team	Seed	Finals	Wind	Age-Grading H#	
1 # 7882 Christians, Alwyn	M52 SA DEFENCE FORCE AC		25.71 WPS	1.3	22.97	84.13% 3
2 # 3314 Toll, Michael	M54 ITHEKO AC		26.74 WPS	0.1	23.89	80.89% 2



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ATHLETICS ASSOCIATION**

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**....Event 4B M50 200 Meter Dash**

3 # 9938	Moors, Reinhard	M50 TYGERBERG AC	31.34	1.3	28.00	69.02%	3
4 # 2142	Isaacs, Duncan	M51 NEDBANK WP	31.47	0.1	28.12	68.73%	2
-- #10563	Swan, Arthur	M50 UNIVERSITY OF CA	DNF	0.1			2

**Event 4B M55 200 Meter Dash**

25.83 55 SA Nat colours std  
28.54 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	
1 # 7047	Myburgh, Johan	M57 BELLVILLE AC	26.12 WPS	0.1	22.55	85.68%	2

**Event 4B M60 200 Meter Dash**

26.76 60 SA Nat colours std  
30.64 60 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	
1 # 7263	Warries, Joseph	M63 UNIVERSITY WESTE	27.88 WPS	0.1	23.23	83.18%	2

**Event 4B M65 200 Meter Dash**

28.40 65 SA Nat colours std  
32.74 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	
1 # 617	Deetlefs, Pietie	M66 BOLMA	28.66 WPS	0.1	22.95	84.19%	2

**Event 4B M80 200 Meter Dash**

38.00 80 SA Nat colours std  
40.24 80 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	
1 # 851	Van Zyl, Jakobus	M81 VARSITY OLD BOYS AC	36.88 SA	-0.4	24.70	78.23%	

**Event 4B M85 200 Meter Dash**

44.00 85 SA Nat colours std  
46.65 85 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#	
1 # 6872	Ridge, Arthur	M88 CAPE PEN UNIVER	41.95 SA	-0.4	25.39	76.11%	

**Event 5A W30 800 Meter Run**

2:39.00 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 2234	Griffiths, Kobie	W34 NEDBANK WP	2:18.79 WPS	2:18.80 81.62%
2 # 2292	Jacobs, Mandy-Lee	W30 NEDBANK WP	2:26.18 WPS	2:26.19 77.49%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**



**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13**

**Greenpoint Stadium**

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**Event 5A W35 800 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	2:29.00	35 SA Nat colours std			
	2:44.00	35 WPS WP Colours Standard			
1 # 6866 Loock-Bezuidenhou		W36 CAPE PEN UNIVERS		2:34.52 WPS	2:33.77 73.67%

**Event 5A W45 800 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	2:33.00	45 SA Nat colours std			
	3:00.00	45 WPS WP Colours Standard			
1 # 2300 Nel-Sunderland, S		W46 NEDBANK WP		2:49.09 WPS	2:34.27 73.43%

**Event 5A W50 800 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	2:42.00	50 SA Nat colours std			
	3:10.00	50 WPS WP Colours Standard			
1 # 764 Theron, Elanza		W51 STELLENBOSCH UNI AC		3:13.24	2:48.30 67.31%

**Event 5A W55 800 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading
	2:53.00	55 SA Nat colours std			
	3:20.00	55 WPS WP Colours Standard			
1 #12621 Lemmon, Annie		W58 MULTI-SPORT MANIACS		3:39.67	3:02.22 62.17%

**Event 5B M30 800 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading	H#
	2:02.00	30 WPS WP Colours Standard				
1 # 9893 Classens, Ashwyn		M32 CAPE MULTI-SPORT	2:04.08	2:04.09	81.49%	2
2 # 7264 Moorries, Dewayne		M31 UNIVERSITY WESTE	2:04.69	2:04.70	81.09%	2
3 # 126 Rix, Andre		M32 TITANS	2:29.27	2:29.28	67.74%	2

**Event 5B M35 800 Meter Run**

Name	Age	Team	Seed	Finals	Age-Grading	H#
	2:00.00	35 SA Nat colours std				
	2:06.00	35 WPS WP Colours Standard				
1 #11546 Blaauw, Ricardo		M37 BOXER WP ATH CLUB	2:04.31 WPS	2:03.28	82.02%	2
2 #11283 Basson, Jacques		M38 NAMAQUA	2:12.18	2:11.09	77.14%	2
3 #16060 Sethibang, Kabelo		M37 SA POLICE SER AC	2:14.46	2:13.35	75.83%	2
4 # 7533 Broers, Neil		M38 CAPE MULTI-SPORT	2:14.82	2:13.71	75.63%	2



**WESTERN PROVINCE MASTERS  
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**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 5B M40 800 Meter Run**

2:01.00 40 SA Nat colours std

2:14.00 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading H#
1 #11977 Van Rooyen, Chris	M42 BOXER WP ATH CLUB		2:13.21 WPS	2:07.35 79.39% 2
2 #11117 Swartz, Quinton	M44 TITANS		2:15.45	2:09.50 78.08% 2
3 #13375 Juries, Chubasco	M43 ITHEKO AC		2:35.37	2:28.54 68.07% 2

**Event 5B M45 800 Meter Run**

2:07.00 45 SA Nat colours std

2:22.00 45 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading H#
1 # 1261 Fortuin, Maurice	M48 BOLMA		2:17.71 WPS	2:06.74 79.78% 2
2 #68990 Bezuidenhout, Rog	M45 CAPE PEN UNIVERS		2:23.76	2:12.31 76.43% 2

**Event 5B M50 800 Meter Run**

2:11.00 50 SA Nat colours std

2:26.00 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #10096 Pick, Tony	M50 ATHLANTIC TRIATH		2:14.92 WPS	1:59.37 84.71%
2 # 1717 Cupido, Clive	M53 BOLMA		2:15.50 WPS	1:59.88 84.35%
3 # 5880 Nel, Marius	M50 WEST COAST AC		2:23.74 WPS	2:07.17 79.51%
4 #12622 Lemmon, Mark	M53 MULTI-SPORT MANIACS		2:42.75	2:23.99 70.22%

**Event 5B M55 800 Meter Run**

2:18.00 55 SA Nat colours std

2:35.00 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 139 Philander, Tobias	M55 ITHEKO AC		2:15.97 SA	1:55.44 87.59%
2 #15161 Julie, Merlin	M58 SOUTH PENINSULA AC		2:38.43	2:14.51 75.17%

**Event 5B M60 800 Meter Run**

2:26.00 60 SA Nat colours std

2:50.00 60 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #12100 Wrensch, Peter	M60 WP CRICKET CLUB		2:44.29 WPS	2:13.62 75.67%
2 # 1263 Jefthas, Christo	M63 BOLMA		2:51.16	2:19.21 72.63%

**Event 5B M65 800 Meter Run**

2:40.00 65 SA Nat colours std

2:54.00 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 3110 Naude, Alan	M69 STRAND AC		3:08.92	2:26.91 68.83%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 5B M75 800 Meter Run**

3:20.00 75 SA Nat colours std  
4:00.00 75 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 4188 Geutner, Manfred	M77 PINELANDS AC		3:53.94 WPS	2:41.99 62.42%

**Event 7B M50 100 Short Hurdles**

16.50 50 SA Nat colours std  
21.24 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 6869 Russell, Scott	M50 CAPE PEN UNIVERS		16.38 SA	-3.9	15.74 82.05%

**Event 8 M30 110 Short Hurdles**

16.24 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 450 Deysel, Benjamin	M31 BOLMA		18.66	-2.2	18.67 69.19%

**Event 8 M40 110 Short Hurdles**

16.50 40 SA Nat colours std  
19.74 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
-- # 2997 Smit, Aldrin	M44 STRAND AC		DQ	-2.2	

**Event 9A W30 100 Meter Dash**

13.64 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 # 6880 Walters, Marike	W32 CAPE PEN UNIVERS		13.19 WPS	-2.3	13.20 79.53%	3
2 # 404 Malan, Liandri	W34 BOLMA		13.74	-2.3	13.75 76.35%	3

**Event 9A W35 100 Meter Dash**

13.21 35 SA Nat colours std  
13.84 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 #13011 Kotze, Retha	W39 BELLVILLE AC		14.21	-2.3	14.07 74.60%	3
2 #10414 Grimwood, Kim	W37 UNIVERSITY OF CA		15.45	-2.3	15.30 68.61%	3
3 # 9940 Miske, Mirjam	W39 TYGERBERG AC		15.56	-2.3	15.41 68.12%	3
4 #16106 Genis, Tanya	W39 TYGERBERG AC		16.19	-2.3	16.03 65.47%	3
5 #15199 Petersen, Fadwah	W39 TITANS		16.61	-2.3	16.45 63.82%	3



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 9A W40 100 Meter Dash**

13.47 40 SA Nat colours std

14.74 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 # 765 Robertson, Moira	W41 STELLENBOSCH UNI AC		13.20 SA	1.1	12.61 83.26%	2
2 # 8062 Tregonning, Rushd	W44 HEWAT ATH CLUB		14.40 WPS	1.1	13.75 76.32%	2

**Event 9A W45 100 Meter Dash**

13.83 45 SA Nat colours std

15.74 45 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 # 7222 Figland, Beverley	W48 UNIVERSITY WESTE		13.86 WPS	1.1	12.75 82.32%	2
2 # 6868 Borchardt, Nadine	W45 CAPE PEN UNIVERS		14.31 WPS	1.1	13.16 79.73%	2

**Event 9A W55 100 Meter Dash**

14.89 55 SA Nat colours std

17.64 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 # 7214 Beukes, Ronel	W59 LANGEBAAN AC		14.06 SA	1.1	11.94 87.84%	2
2 # 1377 Van Tonder, Dalee	W56 BOLMA		15.68 WPS	1.1	13.32 78.76%	2

**Event 9A W60 100 Meter Dash**

15.75 60 SA Nat colours std

18.14 60 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 1660 Riviera, Joy	W64 SPARTAN HARRIERS AC		20.41	0.3	16.62 63.16%

**Event 9A W65 100 Meter Dash**

16.83 65 SA Nat colours std

18.74 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 #14619 Jonkers, Margaret	W69 NANTES ATH CLUB		19.09	0.3	14.87 70.56%

**Event 9A W80 100 Meter Dash**

23.00 80 SA Nat colours std

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 #13729 Johnson, Maggie	W82 TYGERBERG AC		22.14 SA	0.3	14.22 73.80%

**Event 9B M30 100 Meter Dash**

11.84 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading	H#
1 # 9958 Udu, Pascal	M30 TYGERBERG AC		11.74 WPS	-2.4	11.75 83.39%	5



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....Event 9B M30 100 Meter Dash**

2	#15573	Hiebner, Gareth	M32	INDIVIDUAL ENTRY	11.90	-2.4	11.91	82.27%	5
3	#	9893 Classens, Ashwyn	M32	CAPE MULTI-SPORT	12.28	-2.4	12.29	79.72%	5

**Event 9B M35 100 Meter Dash**

11.34 35 SA Nat colours std  
11.94 35 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Wind	Age-Grading	H#		
1	#13348	Dreyer, Jonathan	M37	ITHEKO AC	11.44	WPS -2.4	11.30	86.71%	5
2	#13292	Venter, Pierre	M39	BELLVILLE AC	12.44	-2.4	12.28	79.74%	5

**Event 9B M40 100 Meter Dash**

11.70 40 SA Nat colours std  
12.24 40 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Wind	Age-Grading	H#		
1	#13003	Mentoor, Ricardo	M41	BELLVILLE AC	11.93	WPS -1.3	11.43	85.67%	4
2	#12589	Williams, Dominiq	M44	BELLVILLE AC	12.71	-1.3	12.18	80.41%	4
3	#15410	Bothma, Rupert	M44	BELLVILLE AC	13.14	-1.3	12.59	77.78%	4
4	#16127	Louw, Pieter	M44	CAPE MULTI-SPORT	14.35	-1.3	13.75	71.22%	4

**Event 9B M45 100 Meter Dash**

12.05 45 SA Nat colours std  
13.04 45 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Wind	Age-Grading	H#		
1	#	7883 Geldenhuys, Andre	M47	SA DEFENCE FORCE AC	12.12	WPS -1.3	11.26	86.96%	4
2	#15571	Cloete, John	M47	BELLVILLE AC	12.39	WPS -1.3	11.51	85.07%	4
3	#13836	Basson, Marius	M46	ORANJERIVIER AK	12.42	WPS -1.3	11.54	84.86%	4
4	#	1247 Solomons, Anthony	M48	BOLMA	12.54	WPS -2.5	11.65	84.05%	3
5	#	6871 Cottee, Alistair	M49	CAPE PEN UNIVERS	13.00	WPS -2.5	12.08	81.08%	3

**Event 9B M50 100 Meter Dash**

12.17 50 SA Nat colours std  
13.54 50 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Wind	Age-Grading	H#		
1	#	7882 Christians, Alwyn	M52	SA DEFENCE FORCE AC	12.85	WPS -2.5	11.56	84.67%	3
2	#	9939 Van Wyk, Roelof	M54	TYGERBERG AC	13.08	WPS -2.5	11.77	83.18%	3
3	#	3314 Toll, Michael	M54	ITHEKO AC	13.09	WPS -3.5	11.78	83.12%	2
4	#	6869 Russell, Scott	M50	CAPE PEN UNIVERS	13.52	WPS -2.5	12.17	80.47%	3
5	#	9938 Moors, Reinhard	M50	TYGERBERG AC	15.00	-3.5	13.50	72.53%	2

**Event 9B M55 100 Meter Dash**

12.52 55 SA Nat colours std  
14.24 55 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Wind	Age-Grading	H#		
1	#	7047 Myburgh, Johan	M57	BELLVILLE AC	13.01	WPS -3.5	11.33	86.47%	2



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 9B M60 100 Meter Dash**

12.92 60 SA Nat colours std

14.74 60 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 # 7263 Warries, Joseph	M63 UNIVERSITY WESTE		13.85 WPS	-3.5	11.66 84.04% 2
2 # 1263 Jefthas, Christo	M63 BOLMA		14.44 WPS	-3.5	12.15 80.61% 2

**Event 9B M65 100 Meter Dash**

13.73 65 SA Nat colours std

15.54 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading H#
1 # 617 Deetlefs, Pietie	M66 BOLMA		14.25 WPS	-3.5	11.56 84.70% 2

**Event 9B M70 100 Meter Dash**

14.43 70 SA Nat colours std

17.24 70 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 7221 Figland, Edgar	M72 UNIVERSITY WESTE		17.35	+0.0	13.51 72.51%

**Event 9B M80 100 Meter Dash**

17.50 80 SA Nat colours std

19.50 80 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 851 Van Zyl, Jakobus	M81 VARSITY OLD BOYS AC		16.91 SA	+0.0	11.79 83.09%

**Event 10B M40 400 Long Hurdles**

1:00.91 40 SA Nat colours std

1:07.14 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 2997 Smit, Aldrin	M44 STRAND AC		1:13.38	1:10.24 66.60%

**Event 10B M50 400 Long Hurdles**

1:06.36 50 SA Nat colours std

1:10.54 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 2142 Isaacs, Duncan	M51 NEDBANK WP		1:27.88	1:16.60 61.07%

**Event 13A W30 1500 Meter Run**

5:16.00 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 2234 Griffiths, Kobie	W34 NEDBANK WP		5:11.19 WPS	5:11.20 74.70%
2 # 2292 Jacobs, Mandy-Lee	W30 NEDBANK WP		5:16.86	5:16.87 73.37%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 13A W45 1500 Meter Run**

5:13.00 45 SA Nat colours std  
6:15.00 45 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 2300 Nel-Sunderland, S	W46 NEDBANK WP		5:44.70 WPS	5:11.68 74.59%
2 # 2804 Brink, Elizabeth	W45 DURBANVILLE AC		6:06.71 WPS	5:31.58 70.11%

**Event 13A W50 1500 Meter Run**

5:29.00 50 SA Nat colours std  
6:30.00 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 3572 Zarraga, Aleida	W50 ITHEKO AC		6:55.69	5:58.62 64.82%

**Event 13A W55 1500 Meter Run**

5:50.00 55 SA Nat colours std  
6:45.00 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #12621 Lemmon, Annie	W58 MULTI-SPORT MANIACS		7:12.78	5:55.40 65.41%

**Event 13B M30 1500 Meter Run**

4:26.00 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 7264 Moorries, Dewayne	M31 UNIVERSITY WESTE		4:24.74 WPS	4:24.75 77.81%
2 #10134 Wildschut, Riaan	M32 ATHLANTIC TRIATH		4:25.44 WPS	4:25.45 77.61%
3 # 126 Rix, Andre	M32 TITANS		5:29.32	5:29.33 62.55%

**Event 13B M35 1500 Meter Run**

4:00.00 35 SA Nat colours std  
4:30.00 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #11546 Blaauw, Ricardo	M37 BOXER WP ATH CLUB		4:16.72 WPS	4:14.49 80.95%
2 # 7533 Broers, Neil	M38 CAPE MULTI-SPORT		4:31.50	4:29.14 76.54%

**Event 13B M40 1500 Meter Run**

4:06.00 40 SA Nat colours std  
4:43.00 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #11977 Van Rooyen, Chris	M42 BOXER WP ATH CLUB		4:30.58 WPS	4:17.57 79.98%
2 # 7522 Van Der Walt, Tja	M41 CAPE MULTI-SPORT		4:41.99 WPS	4:28.43 76.74%
3 #11117 Swartz, Quinton	M44 TITANS		4:46.06	4:32.31 75.65%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 13B M45 1500 Meter Run**

4:15.00 45 SA Nat colours std  
5:00.00 45 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9755 Clark, Adam	M47 BRACKENFELL ACC		4:53.79 WPS	4:28.09 76.84%

**Event 13B M50 1500 Meter Run**

4:29.00 50 SA Nat colours std  
5:12.00 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading H#
1 # 5880 Nel, Marius	M50 WEST COAST AC	5:15.02	4:35.05 74.90%	2
2 # 1881 Cleophas, Tony	M53 SWD	5:33.29	4:51.00 70.79%	2
3 #12622 Lemmon, Mark	M53 MULTI-SPORT MANIACS	5:38.85	4:55.85 69.63%	2

**Event 13B M55 1500 Meter Run**

4:41.00 55 SA Nat colours std  
5:30.00 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading H#
1 # 139 Philander, Tobias	M55 ITHEKO AC	4:35.71 SA	3:49.86 89.62%	2
2 # 3003 Ruppert, Max	M58 STRAND AC	5:18.95 WPS	4:25.91 77.47%	2

**Event 13B M60 1500 Meter Run**

4:58.00 60 SA Nat colours std  
5:57.00 60 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading H#
1 #12100 Wrench, Peter	M60 WP CRICKET CLUB	5:41.37 WPS	4:31.02 76.01%	2
2 # 1263 Jefthas, Christo	M63 BOLMA	6:20.74	5:02.27 68.15%	2

**Event 13B M65 1500 Meter Run**

5:27.00 65 SA Nat colours std  
6:20.00 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading H#
1 # 3110 Naude, Alan	M69 STRAND AC	6:20.74	4:46.66 71.86%	2

**Event 14A W30 400 Meter Dash**

1:02.94 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading H#
1 # 6880 Walters, Marike	W32 CAPE PEN UNIVERS	59.25 WPS	59.26 80.34%	2
2 # 2234 Griffiths, Kobie	W34 NEDBANK WP	59.30 WPS	59.31 80.27%	2
3 # 6864 Maaik, Eken	W30 UNIVERSITY OF CA	1:03.48	1:03.49 74.98%	2



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**



**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 14A W35 400 Meter Dash**

1:02.08 35 SA Nat colours std

1:07.94 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading H#
1 # 6866 Loock-Bezuidenhou	W36 CAPE PEN UNIVERS		1:04.54 WPS	1:03.25 75.27% 2

**Event 14A W45 400 Meter Dash**

1:06.50 45 SA Nat colours std

1:16.14 45 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 2300 Nel-Sunderland, S	W46 NEDBANK WP		1:17.74	1:09.84 68.16%

**Event 14A W55 400 Meter Dash**

1:14.70 55 SA Nat colours std

1:24.14 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 3004 Ruppert, Annette	W55 STRAND AC		1:15.78 WPS	1:01.89 76.91%
2 #15408 Brink, Lucy	W56 BELLVILLE AC		1:23.99 WPS	1:08.60 69.39%

**Event 14B M30 400 Meter Dash**

53.64 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9893 Classens, Ashwyn	M32 CAPE MULTI-SPORT		53.42 WPS	53.43 80.83%

**Event 14B M35 400 Meter Dash**

51.00 35 SA Nat colours std

54.94 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 7055 Le Grange, Jacobu	M39 BELLVILLE AC		55.39	53.48 80.75%
2 #16060 Sethibang, Kabelo	M37 SA POLICE SER AC		55.61	53.69 80.44%
3 #11283 Basson, Jacques	M38 NAMAQUA		57.91	55.91 77.24%

**Event 14B M40 400 Meter Dash**

52.41 40 SA Nat colours std

56.64 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
2 #12589 Williams, Dominiq	M44 BELLVILLE AC		1:00.33	56.44 76.51%
3 #15410 Bothma, Rupert	M44 BELLVILLE AC		1:02.31	58.29 74.08%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 14B M45 400 Meter Dash**

54.44 45 SA Nat colours std

58.64 45 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading	H#
1 #13836 Basson, Marius	M46 ORANJERIVIER AK		55.21 WPS	49.99 86.38%	2
1 #16058 Gravel, Xola	M45 SA POLICE SER AC		59.55	55.71 77.51%	2
2 # 1261 Fortuin, Maurice	M48 BOLMA		58.02 WPS	52.54 82.20%	2
3 # 1247 Solomons, Anthony	M48 BOLMA		59.76	54.11 79.80%	2
4 #68990 Bezuidenhout, Rog	M45 CAPE PEN UNIVERS		1:00.84	55.09 78.39%	1
5 #11943 Peacock, Michael	M46 BOXER WP ATH CLUB		1:02.05	56.19 76.86%	2

**Event 14B M50 400 Meter Dash**

56.36 50 SA Nat colours std

1:03.44 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading	H#
1 # 1717 Cupido, Clive	M53 BOLMA		1:00.28 WPS	52.77 81.83%	3
2 # 6869 Russell, Scott	M50 CAPE PEN UNIVERS		1:02.03 WPS	54.31 79.53%	2
3 # 5880 Nel, Marius	M50 WEST COAST AC		1:03.05 WPS	55.20 78.24%	2
4 # 3314 Toll, Michael	M54 ITHEKO AC		1:07.75	59.31 72.81%	3
5 # 2142 Isaacs, Duncan	M51 NEDBANK WP		1:15.36	1:05.98 65.46%	3

**Event 14B M55 400 Meter Dash**

58.13 55 SA Nat colours std

1:06.14 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading	H#
1 # 7047 Myburgh, Johan	M57 BELLVILLE AC		59.53 WPS	50.33 85.81%	3
2 #15161 Julie, Merlin	M58 SOUTH PENINSULA AC		1:08.03	57.52 75.08%	3

**Event 14B M60 400 Meter Dash**

1:01.66 60 SA Nat colours std

1:08.54 60 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading	H#
1 # 7263 Warriess, Joseph	M63 UNIVERSITY WESTE		1:02.59 WPS	51.04 84.61%	3

**Event 15 M30 Hammer Throw**

38.16m 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 126 Rix, Andre	M32 TITANS		18.82m	18.82m 21.70%

**Event 15 M35 Hammer Throw**

45.00m 35 SA Nat colours std

32.00m 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 4342 Wiener, Shukri	M37 PINELANDS AC		35.04m WPS	36.09m 41.61%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 15 M40 Hammer Throw**

44.00m 40 SA Nat colours std  
30.00m 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 2997 Smit, Aldrin	M44 STRAND AC		16.66m	18.74m 21.61%

**Event 15 M55 Hammer Throw**

42.00m 55 SA Nat colours std  
22.00m 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 222 Smit, Johan	M58 BOLMA		27.80m WPS	36.54m 42.13%
2 # 125 Primo, Derick	M56 SA POLICE SER AC		16.56m	21.76m 25.09%

**Event 15 M65 Hammer Throw**

38.00m 65 SA Nat colours std  
25.00m 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 4166 Wale, Anton	M66 PINELANDS AC		32.07m WPS	47.00m 54.19%
2 # 9047 Erasmus, Nick	M68 BELLVILLE AC		21.76m	31.89m 36.77%

**Event 15 M70 Hammer Throw**

35.00m 70 SA Nat colours std  
24.00m 70 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9048 Hough, Norman	M71 BELLVILLE AC		40.56m SA	58.90m 67.92%

**Event 15 M80 Hammer Throw**

28.00m 80 SA Nat colours std  
20.00m 80 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 4480 Johnston, Steve	M80 PINELANDS AC		30.59m SA	57.06m 65.78%

**Event 15 M90 Hammer Throw**

20.00m 90 SA Nat colours std

Name	Age Team	Seed	Finals	Age-Grading
1 # 4491 Stannius, Borg	M91 PINELANDS AC		23.54m SA	65.00m 74.94%

**Event 16 M30 High Jump**

1.63m 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 450 Deysel, Benjamin	M31 BOLMA		1.75m WPS	1.75m 71.43%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 16 M35 High Jump**

Name	Age	Team	Seed	Finals	Age-Grading
	1.85m	35 SA Nat colours std			
	1.58m	35 WPS WP Colours Standard			
1 #13292 Venter, Pierre		M39 BELLVILLE AC		1.65m WPS	1.69m 69.04%

**Event 16 M40 High Jump**

Name	Age	Team	Seed	Finals	Age-Grading
	1.78m	40 SA Nat colours std			
	1.53m	40 WPS WP Colours Standard			
1 # 2997 Smit, Aldrin		M44 STRAND AC		1.40m	1.46m 59.83%

**Event 16 M45 High Jump**

Name	Age	Team	Seed	Finals	Age-Grading
	1.68m	45 SA Nat colours std			
	1.45m	45 WPS WP Colours Standard			
1 # 6855 Van Zyl, Oloff		M49 CAPE PEN UNIVERS		1.55m WPS	1.70m 69.82%

**Event 16 M50 High Jump**

Name	Age	Team	Seed	Finals	Age-Grading
	1.61m	50 SA Nat colours std			
	1.38m	50 WPS WP Colours Standard			
1 #13330 Neff, Freddie		M50 CORRECTIONAL SER		1.30m	1.51m 61.61%

**Event 16 M55 High Jump**

Name	Age	Team	Seed	Finals	Age-Grading
	1.51m	55 SA Nat colours std			
	1.33m	55 WPS WP Colours Standard			
1 # 9945 Bredeveltdt, Neal		M58 BOLMA		1.55m SA	1.90m 77.50%

**Event 17 W35 High Jump**

Name	Age	Team	Seed	Finals	Age-Grading
	1.50m	35 SA Nat colours std			
	1.32m	35 WPS WP Colours Standard			
1 #16106 Genis, Tanya		W39 TYGERBERG AC		1.21m	1.27m 60.80%

**Event 17 W45 High Jump**

Name	Age	Team	Seed	Finals	Age-Grading
	1.36m	45 SA Nat colours std			
	1.20m	45 WPS WP Colours Standard			
1 # 6647 Lategan, Jill		W47 GOODWOOD HARRIERS		1.24m WPS	1.44m 68.89%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 17 W55 High Jump**

1.22m 55 SA Nat colours std  
1.08m 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 313 Basson, Jaqueline	W56 OLD MUTUAL AC		1.18m WPS	1.53m 73.29%

**Event 17 W65 High Jump**

1.07m 65 SA Nat colours std  
0.98m 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #14619 Jonkers, Margaret	W69 NANTES ATH CLUB		1.06m WPS	1.55m 74.65%

**Event 17 W70 High Jump**

1.00m 70 SA Nat colours std

Name	Age Team	Seed	Finals	Age-Grading
1 #11111 Grobbelaar, Elize	W73 BELLVILLE AC		0.80m	1.26m 60.61%

**Event 18 W30 Hammer Throw**

25.00m 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #13007 La Grange, Rachel	W30 BELLVILLE AC		28.96m WPS	28.96m 37.61%
2 # 7038 Hattingh, Olive	W32 BELLVILLE AC		15.88m	15.88m 20.62%

**Event 18 W35 Hammer Throw**

35.50m 35 SA Nat colours std  
24.00m 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9466 Compion, Maria	W38 SA POLICE SER AC		21.47m	23.49m 30.51%

**Event 18 W40 Hammer Throw**

34.00m 40 SA Nat colours std  
23.00m 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 118 Kruger, Sanet	W42 BELLVILLE AC		24.36m WPS	28.65m 37.21%

**Event 18 W50 Hammer Throw**

32.68m 50 SA Nat colours std  
19.00m 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 2130 Knobel, Heleen	W53 SWD		42.92m SA	55.10m 71.56%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 18 W55 Hammer Throw**

29.90m 55 SA Nat colours std  
18.50m 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 136 Smith, Jackie	W55 BOLMA		27.78m WPS	38.84m 50.45%
2 # 1558 Bowers, Cecelia	W57 BOLMA		20.78m WPS	29.05m 37.74%

**Event 18 W60 Hammer Throw**

26.53m 60 SA Nat colours std  
18.00m 60 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9935 Dramat, Farieda	W60 TYGERBERG AC		22.66m WPS	34.78m 45.18%

**Event 18 W65 Hammer Throw**

23.00m 65 SA Nat colours std  
17.00m 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9046 Erasmus, Zelda	W66 BELLVILLE AC		23.95m SA	40.80m 53.00%
2 # 954 Griesel, Ronel	W66 BOLMA		23.05m SA	39.27m 51.01%
3 #13286 Stoffberg, Tertia	W65 BELLVILLE AC		22.77m WPS	38.79m 50.39%
4 #11112 Du Toit, Aletta	W67 BELLVILLE AC		19.74m WPS	33.63m 43.68%

**Event 18 W70 Hammer Throw**

20.00m 70 SA Nat colours std  
14.00m 70 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #11111 Grobbelaar, Elize	W73 BELLVILLE AC		20.60m SA	39.46m 51.26%

**Event 19 M30 Shot Put**

12.10m 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 7048 Sheldon, Lee-Roy	M33 BELLVILLE AC		9.83m	9.83m 42.52%
2 #11110 Ismail, Tawfeeq	M32 TITANS		9.77m	9.77m 42.26%
3 #15573 Hiebner, Gareth	M32 INDIVIDUAL ENTRY		9.58m	9.58m 41.44%
4 # 126 Rix, Andre	M32 TITANS		6.70m	6.70m 28.98%

**Event 19 M35 Shot Put**

14.00m 35 SA Nat colours std  
11.50m 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 4342 Wiener, Shukri	M37 PINELANDS AC		12.36m WPS	12.81m 55.45%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 19 M40 Shot Put**

13.24m 40 SA Nat colours std  
10.70m 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #15412 Van der Westhuize	M41 BELLVILLE AC		12.61m WPS	14.04m 60.74%
2 #13288 Lewies, Daniel	M40 BELLVILLE AC		12.20m WPS	13.58m 58.77%
3 # 3490 Ismail, Keyaam	M44 ITHEKO AC		8.25m	9.18m 39.74%
4 # 2997 Smit, Aldrin	M44 STRAND AC		7.47m	8.31m 35.98%

**Event 19 M45 Shot Put**

12.14m 45 SA Nat colours std  
10.00m 45 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 6855 Van Zyl, Oloff	M49 CAPE PEN UNIVERS		8.83m	10.61m 45.92%

**Event 19 M50 Shot Put**

13.32m 50 SA Nat colours std  
10.00m 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #13330 Neff, Freddie	M50 CORRECTIONAL SER		7.68m	9.00m 38.93%
2 # 2142 Isaacs, Duncan	M51 NEDBANK WP		7.36m	8.62m 37.30%

**Event 19 M55 Shot Put**

12.38m 55 SA Nat colours std  
9.10m 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 451 Brand, Charl	M58 BOLMA		13.99m SA	17.77m 76.87%
2 #13005 Lamara, Zain	M58 BELLVILLE AC		9.82m WPS	12.47m 53.96%
3 # 222 Smit, Johan	M58 BOLMA		9.65m WPS	12.26m 53.02%
4 # 125 Primo, Derick	M56 SA POLICE SER AC		6.43m	8.16m 35.33%
5 # 249 Van der Westhuize	M59 BOLMA		5.99m	7.61m 32.91%

**Event 19 M65 Shot Put**

11.33m 65 SA Nat colours std  
8.50m 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 4166 Wale, Anton	M66 PINELANDS AC		11.99m SA	16.31m 70.57%
2 # 9047 Erasmus, Nick	M68 BELLVILLE AC		8.13m	11.06m 47.85%

**Event 19 M70 Shot Put**

11.70m 70 SA Nat colours std  
8.00m 70 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9048 Hough, Norman	M71 BELLVILLE AC		11.93m SA	15.27m 66.09%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 19 M80 Shot Put**

9.30m 80 SA Nat colours std  
7.00m 80 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 4480 Johnston, Steve	M80 PINELANDS AC		8.61m WPS	12.96m 56.05%

**Event 19 M85 Shot Put**

7.50m 85 SA Nat colours std  
7.38m 85 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 349 Benning, Leo	M85 BOLMA		5.96m	10.05m 43.47%

**Event 19 M90 Shot Put**

6.00m 90 SA Nat colours std

Name	Age Team	Seed	Finals	Age-Grading
1 # 4491 Stannius, Borg	M91 PINELANDS AC		8.94m SA	17.46m 75.51%

**Event 20B M35 Triple Jump**

13.20m 35 SA Nat colours std  
12.00m 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 9956 Sewanyana, Jason	M37 TYGERBERG AC		13.56m SA	-0.1	13.65m 74.67%

**Event 20B M40 Triple Jump**

12.79m 40 SA Nat colours std  
11.00m 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 2997 Smit, Aldrin	M44 STRAND AC		9.88m	-2.5	10.50m 57.44%

**Event 20B M55 Triple Jump**

10.80m 55 SA Nat colours std  
9.20m 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 9945 Bredeveltdt, Neal	M58 BOLMA		9.68m WPS	-3.7	12.38m 67.74%

**Event 21 M30 Discus Throw**

34.48m 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 7048 Sheldon, Lee-Roy	M33 BELLVILLE AC		26.25m	26.25m 35.43%
2 #11110 Ismail, Tawfeeq	M32 TITANS		25.69m	25.69m 34.68%
3 #15573 Hiebner, Gareth	M32 INDIVIDUAL ENTRY		23.57m	23.57m 31.82%
4 # 126 Rix, Andre	M32 TITANS		15.69m	15.69m 21.18%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**



**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 21 M35 Discus Throw**

41.00m 35 SA Nat colours std  
33.00m 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 4342 Wiener, Shukri	M37 PINELANDS AC		37.80m WPS	38.34m 51.75%

**Event 21 M40 Discus Throw**

40.17m 40 SA Nat colours std  
29.50m 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #13288 Lewies, Daniel	M40 BELLVILLE AC		32.06m WPS	35.31m 47.67%
2 # 3490 Ismail, Keyaam	M44 ITHEKO AC		21.15m	23.29m 31.45%
3 # 2997 Smit, Aldrin	M44 STRAND AC		17.43m	19.19m 25.91%
-- #15412 Van der Westhuize	M41 BELLVILLE AC		ND	

**Event 21 M45 Discus Throw**

38.08m 45 SA Nat colours std  
28.00m 45 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 1247 Solomons, Anthony	M48 BOLMA		31.32m WPS	37.73m 50.94%

**Event 21 M50 Discus Throw**

43.92m 50 SA Nat colours std  
28.00m 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 2142 Isaacs, Duncan	M51 NEDBANK WP		20.05m	20.48m 27.66%

**Event 21 M55 Discus Throw**

40.34m 55 SA Nat colours std  
26.00m 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 451 Brand, Charl	M58 BOLMA		30.95m WPS	34.36m 46.39%
2 # 222 Smit, Johan	M58 BOLMA		30.05m WPS	33.36m 45.04%
3 #13005 Lamara, Zain	M58 BELLVILLE AC		27.22m WPS	30.22m 40.80%
4 # 125 Primo, Derick	M56 SA POLICE SER AC		21.64m	24.02m 32.43%
5 # 249 Van der Westhuize	M59 BOLMA		14.75m	16.37m 22.11%

**Event 21 M65 Discus Throw**

39.79m 65 SA Nat colours std  
28.00m 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 4166 Wale, Anton	M66 PINELANDS AC		34.98m WPS	40.70m 54.95%
2 # 9047 Erasmus, Nick	M68 BELLVILLE AC		26.55m	30.89m 41.71%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 21 M70 Discus Throw**

33.22m 70 SA Nat colours std  
24.00m 70 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9048 Hough, Norman	M71 BELLVILLE AC		33.67m SA	43.03m 58.09%

**Event 21 M80 Discus Throw**

22.00m 80 SA Nat colours std  
19.00m 80 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 4480 Johnston, Steve	M80 PINELANDS AC		25.86m SA	42.51m 57.39%

**Event 21 M85 Discus Throw**

18.00m 85 SA Nat colours std  
16.96m 85 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 7040 Cross, Ronald	M85 BELLVILLE AC		22.77m SA	44.41m 59.97%
2 # 349 Benning, Leo	M85 BOLMA		14.32m	27.93m 37.71%

**Event 21 M90 Discus Throw**

13.00m 90 SA Nat colours std

Name	Age Team	Seed	Finals	Age-Grading
1 # 4491 Stannius, Borg	M91 PINELANDS AC		18.28m SA	44.60m 60.21%

**Event 22 W30 Shot Put**

8.03m 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #13007 La Grange, Rachel	W30 BELLVILLE AC		10.86m WPS	10.86m 47.99%
2 # 7038 Hattingh, Olive	W32 BELLVILLE AC		5.69m	5.69m 25.14%

**Event 22 W35 Shot Put**

10.48m 35 SA Nat colours std  
8.75m 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9961 Gerstner, Juanita	W36 TYGERBERG AC		11.10m SA	11.50m 50.85%
2 # 1298 Mallin, Ezette	W37 VARSITY OLD BOYS AC		10.21m WPS	10.58m 46.77%
3 # 9466 Compion, Maria	W38 SA POLICE SER AC		8.88m WPS	9.20m 40.68%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 22 W40 Shot Put**

10.23m 40 SA Nat colours std

8.60m 40 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Age-Grading
1 # 118 Kruger, Sanet	W42	BELLVILLE AC		10.36m SA	11.49m 50.81%

**Event 22 W50 Shot Put**

10.50m 50 SA Nat colours std

7.40m 50 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Age-Grading
1 # 2130 Knobel, Heleen	W53	SWD		10.76m SA	13.56m 59.94%

**Event 22 W55 Shot Put**

9.80m 55 SA Nat colours std

7.00m 55 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Age-Grading
1 # 136 Smith, Jackie	W55	BOLMA		8.76m WPS	12.00m 53.06%
2 # 1558 Bowers, Cecelia	W57	BOLMA		7.28m WPS	9.97m 44.09%
3 # 2735 Pietersen, Aletta	W58	ECMA		7.13m WPS	9.77m 43.19%

**Event 22 W60 Shot Put**

9.00m 60 SA Nat colours std

6.45m 60 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Age-Grading
1 # 9935 Dramat, Farieda	W60	TYGERBERG AC		8.70m WPS	13.06m 57.73%

**Event 22 W65 Shot Put**

8.10m 65 SA Nat colours std

6.00m 65 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Age-Grading
1 # 954 Griesel, Ronel	W66	BOLMA		8.20m SA	13.61m 60.16%
2 # 9046 Erasmus, Zelda	W66	BELLVILLE AC		7.91m WPS	13.13m 58.03%
3 #11112 Du Toit, Aletta	W67	BELLVILLE AC		5.22m	8.66m 38.30%

**Event 23B M45 Pole Vault**

Name	Age	Team	Seed	Finals	Age-Grading
1 # 6855 Van Zyl, Oloff	M49	CAPE PEN UNIVERS		3.10m	3.55m 57.94%

**Event 24 M30 Long Jump**

5.97m 30 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Wind	Age-Grading
1 # 450 Deysel, Benjamin	M31	BOLMA		5.50m	0.9	5.50m 61.45%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 24 M40 Long Jump**

6.12m 40 SA Nat colours std

5.25m 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 2997 Smit, Aldrin	M44 STRAND AC		4.83m	3.4	5.26m 58.83%
2 #13375 Juries, Chubasco	M43 ITHEKO AC		4.12m	0.7	4.49m 50.18%

**Event 24 M50 Long Jump**

5.55m 50 SA Nat colours std

4.60m 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 7882 Christians, Alwyn	M52 SA DEFENCE FORCE AC		5.05m WPS	4.3	6.20m 69.37%
2 #13330 Neff, Freddie	M50 CORRECTIONAL SER		4.64m WPS	0.3	5.70m 63.74%

**Event 24 M55 Long Jump**

5.19m 55 SA Nat colours std

4.30m 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 # 9945 Bredeveltdt, Neal	M58 BOLMA		4.69m WPS	2.0	6.15m 68.77%

**Event 25 W30 Discus Throw**

29.82m 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #13007 La Grange, Rachel	W30 BELLVILLE AC		28.05m	28.05m 36.52%
2 # 7038 Hattingh, Olive	W32 BELLVILLE AC		11.51m	11.51m 14.99%

**Event 25 W35 Discus Throw**

33.50m 35 SA Nat colours std

29.50m 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9961 Gerstner, Juanita	W36 TYGERBERG AC		36.43m SA	37.77m 49.18%
2 # 1298 Mallin, Ezette	W37 VARSITY OLD BOYS AC		29.29m	30.36m 39.54%
3 # 9466 Compion, Maria	W38 SA POLICE SER AC		22.05m	22.86m 29.77%

**Event 25 W40 Discus Throw**

32.85m 40 SA Nat colours std

25.50m 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 118 Kruger, Sanet	W42 BELLVILLE AC		30.25m WPS	33.72m 43.92%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 25 W50 Discus Throw**

27.64m 50 SA Nat colours std  
22.00m 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 2130 Knobel, Heleen	W53 SWD		30.53m SA	40.07m 52.19%

**Event 25 W55 Discus Throw**

25.50m 55 SA Nat colours std  
18.00m 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 136 Smith, Jackie	W55 BOLMA		21.43m WPS	30.87m 40.20%
2 # 2735 Pietersen, Aletta	W58 ECMA		16.86m	24.29m 31.63%
3 # 1558 Bowers, Cecelia	W57 BOLMA		15.11m	21.76m 28.34%

**Event 25 W60 Discus Throw**

23.80m 60 SA Nat colours std  
16.00m 60 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9935 Dramat, Farieda	W60 TYGERBERG AC		20.13m WPS	32.12m 41.83%

**Event 25 W65 Discus Throw**

21.00m 65 SA Nat colours std  
15.00m 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 954 Griesel, Ronel	W66 BOLMA		20.25m WPS	36.30m 47.27%
2 # 9046 Erasmus, Zelda	W66 BELLVILLE AC		19.26m WPS	34.52m 44.96%
3 #11112 Du Toit, Aletta	W67 BELLVILLE AC		12.46m	22.33m 29.08%

**Event 25 W85 Discus Throw**

12.00m 85 SA Nat colours std

Name	Age Team	Seed	Finals	Age-Grading
1 #14662 Ackermann, Aletta	W88 BELLVILLE AC		6.79m	20.64m 26.88%

**Event 26 W35 Long Jump**

4.96m 35 SA Nat colours std  
4.30m 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
1 #16106 Genis, Tanya	W39 TYGERBERG AC	3.60m		2.5	3.78m 50.28%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 26 W55 Long Jump**

3.88m 55 SA Nat colours std

3.00m 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Wind	Age-Grading
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-- # 1558 Bowers, Cecelia	W57 BOLMA		ND	NWI	
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**Event 27 M30 Javelin Throw**

50.84m 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
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1 # 7048 Sheldon, Lee-Roy	M33 BELLVILLE AC		30.28m	30.28m 30.75%
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2 # 126 Rix, Andre	M32 TITANS		21.54m	21.54m 21.87%
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**Event 27 M35 Javelin Throw**

54.00m 35 SA Nat colours std

43.50m 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading H#
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1 # 4342 Wiener, Shukri	M37 PINELANDS AC		35.95m	36.40m 36.97% 2
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**Event 27 M40 Javelin Throw**

52.45m 40 SA Nat colours std

40.00m 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
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1 #15572 Gates, Johan	M41 BELLVILLE AC		39.90m	43.33m 44.01%
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**Event 27 M50 Javelin Throw**

46.49m 50 SA Nat colours std

30.00m 50 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading H#
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1 # 206 Cronje, Jacques	M50 BOLMA		49.69m SA	61.00m 61.95% 2
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**Event 27 M55 Javelin Throw**

42.64m 55 SA Nat colours std

27.00m 55 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading H#
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1 # 125 Primo, Derick	M56 SA POLICE SER AC		24.82m	33.20m 33.72% 1
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2 # 222 Smit, Johan	M58 BOLMA		24.65m	32.98m 33.49% 2
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**Event 27 M65 Javelin Throw**

37.00m 65 SA Nat colours std

26.00m 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
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1 # 9934 Venter, Peet	M69 TYGERBERG AC		32.34m WPS	50.51m 51.29%
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**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****....Event 27 M65 Javelin Throw**

2 # 4166	Wale, Anton	M66 PINELANDS AC	30.90m WPS	48.26m	49.01%
3 # 9047	Erasmus, Nick	M68 BELLVILLE AC	20.22m	31.58m	32.07%

**Event 27 M70 Javelin Throw**

33.00m 70 SA Nat colours std  
24.00m 70 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9048	Hough, Norman	M71 BELLVILLE AC	36.30m SA	60.98m 61.92%

**Event 27 M85 Javelin Throw**

20.00m 85 SA Nat colours std  
18.47m 85 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 349	Benning, Leo	M85 BOLMA	13.36m	32.56m 33.07%

**Event 28 W30 Weight Throw**

7.83m 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #13007	La Grange, Rachel	W30 BELLVILLE AC	10.52m WPS	10.52m 44.58%
2 # 7038	Hattingh, Olive	W32 BELLVILLE AC	5.82m	5.82m 24.66%

**Event 28 W35 Weight Throw**

12.00m 35 SA Nat colours std  
9.52m 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9466	Compion, Maria	W38 SA POLICE SER AC	8.66m	9.45m 40.07%

**Event 28 W40 Weight Throw**

11.50m 40 SA Nat colours std  
9.40m 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 118	Kruger, Sanet	W42 BELLVILLE AC	10.70m WPS	12.68m 53.74%

**Event 28 W50 Weight Throw**

11.00m 50 SA Nat colours std

Name	Age Team	Seed	Finals	Age-Grading
1 # 2130	Knobel, Heleen	W53 SWD	14.70m SA	17.37m 73.65%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 28 W55 Weight Throw**

10.50m 55 SA Nat colours std					
Name	Age Team	Seed	Finals	Age-Grading	
1 # 136 Smith, Jackie	W55 BOLMA		9.98m	12.89m 54.63%	

**Event 28 W60 Weight Throw**

11.00m 60 SA Nat colours std					
Name	Age Team	Seed	Finals	Age-Grading	
1 # 9935 Dramat, Farieda	W60 TYGERBERG AC		9.54m	11.55m 48.95%	

**Event 28 W65 Weight Throw**

10.00m 65 SA Nat colours std					
Name	Age Team	Seed	Finals	Age-Grading	
1 # 9046 Erasmus, Zelda	W66 BELLVILLE AC		10.48m SA	13.89m 58.88%	
2 #13286 Stoffberg, Tertia	W65 BELLVILLE AC		8.95m	11.86m 50.28%	
3 # 954 Griesel, Ronel	W66 BOLMA		8.93m	11.84m 50.17%	
4 #11112 Du Toit, Aletta	W67 BELLVILLE AC		7.61m	10.09m 42.75%	

**Event 29 M35 Weight Throw**

13.50m 35 SA Nat colours std					
9.00m 35 WPS WP Colours Standard					
Name	Age Team	Seed	Finals	Age-Grading	
1 # 4342 Wiener, Shukri	M37 PINELANDS AC		12.28m WPS	12.52m 48.44%	

**Event 29 M40 Weight Throw**

13.00m 40 SA Nat colours std					
8.40m 40 WPS WP Colours Standard					
Name	Age Team	Seed	Finals	Age-Grading	
1 # 2997 Smit, Aldrin	M44 STRAND AC		5.77m	6.28m 24.32%	

**Event 29 M55 Weight Throw**

15.00m 55 SA Nat colours std					
9.00m 55 WPS WP Colours Standard					
Name	Age Team	Seed	Finals	Age-Grading	
1 # 222 Smit, Johan	M58 BOLMA		9.37m WPS	10.51m 40.67%	
2 # 125 Primo, Derick	M56 SA POLICE SER AC		6.48m	7.27m 28.13%	
3 # 249 Van der Westhuize	M59 BOLMA		4.65m	5.21m 20.18%	



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**



**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 29 M65 Weight Throw**

15.50m 65 SA Nat colours std  
9.60m 65 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 4166 Wale, Anton	M66 PINELANDS AC		13.66m WPS	15.23m 58.90%
2 # 9047 Erasmus, Nick	M68 BELLVILLE AC		9.08m	10.12m 39.15%

**Event 29 M70 Weight Throw**

15.50m 70 SA Nat colours std  
9.30m 70 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9048 Hough, Norman	M71 BELLVILLE AC		16.49m SA	18.81m 72.74%

**Event 29 M80 Weight Throw**

11.00m 80 SA Nat colours std

Name	Age Team	Seed	Finals	Age-Grading
1 # 4480 Johnston, Steve	M80 PINELANDS AC		13.02m SA	16.98m 65.66%

**Event 29 M85 Weight Throw**

10.00m 85 SA Nat colours std  
6.31m 85 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 349 Benning, Leo	M85 BOLMA		6.30m	9.10m 35.22%

**Event 30 W30 Javelin Throw**

28.34m 30 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 #13007 La Grange, Rachel	W30 BELLVILLE AC		30.36m WPS	30.36m 41.59%
2 # 7038 Hattingh, Olive	W32 BELLVILLE AC		8.53m	8.53m 11.68%

**Event 30 W35 Javelin Throw**

31.53m 35 SA Nat colours std  
24.30m 35 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 9466 Compion, Maria	W38 SA POLICE SER AC		19.47m	20.67m 28.33%

**Event 30 W40 Javelin Throw**

29.26m 40 SA Nat colours std  
24.00m 40 WPS WP Colours Standard

Name	Age Team	Seed	Finals	Age-Grading
1 # 118 Kruger, Sanet	W42 BELLVILLE AC		13.99m	16.05m 21.99%



**WESTERN PROVINCE MASTERS  
ATHLETICS ASSOCIATION**

**WP Masters Athletics Champs - 13 April 2019 - 2019/04/13****Greenpoint Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Event 30 W55 Javelin Throw**

25.00m 55 SA Nat colours std  
20.00m 55 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Age-Grading
1 # 2735 Pietersen, Aletta	W58	ECMA		26.99m SA	39.08m 53.54%
2 # 313 Basson, Jaqueline	W56	OLD MUTUAL AC		21.66m WPS	31.36m 42.97%
3 # 136 Smith, Jackie	W55	BOLMA		18.19m	26.34m 36.08%
4 # 1558 Bowers, Cecelia	W57	BOLMA		17.38m	25.16m 34.48%

**Event 30 W60 Javelin Throw**

22.50m 60 SA Nat colours std  
19.00m 60 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Age-Grading
1 # 9935 Dramat, Farieda	W60	TYGERBERG AC		16.19m	26.09m 35.75%

**Event 30 W65 Javelin Throw**

20.00m 65 SA Nat colours std  
18.00m 65 WPS WP Colours Standard

Name	Age	Team	Seed	Finals	Age-Grading
1 # 9046 Erasmus, Zelda	W66	BELLVILLE AC		16.98m	30.85m 42.27%
2 # 954 Griesel, Ronel	W66	BOLMA		15.71m	28.54m 39.11%

**Event 30 W85 Javelin Throw**

9.00m 85 SA Nat colours std

Name	Age	Team	Seed	Finals	Age-Grading
1 #14662 Ackermann, Aletta	W88	BELLVILLE AC		6.79m	22.74m 31.16%



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