

| Age | Place | Athlete,Birthdate | Team | Perf | Points | Score | Medal | Records |
|-----|-------|-------------------|------|------|--------|-------|-------|---------|
|-----|-------|-------------------|------|------|--------|-------|-------|---------|

## Results of all Finals and Heats

Ordered by Item types

Performance Scores: ASA\_2016 table, Electronic Time, Height above sea=10

|                 |  |        |          |   |   |             |   |  |
|-----------------|--|--------|----------|---|---|-------------|---|--|
| <b>Item 105</b> | <b>15:55 Final Women 25 100m (Seniors)</b>             |        |          |   |   | <b>+2.0</b> |   |  |
| 1               | NDZINISA,PHUMLILE, 205                                 | ESW    | 12.09    | 8 | 0 |             | G |  |
| 2               | NGEMA,SNETHEMBA, 213                                   | UKZNAC | 12.58    | 7 | 0 |             | S |  |
| 3               | DUBAZANE,THEMBELIHLE, 266                              | UTR    | 12.78    | 6 | 0 |             | B |  |
| 4               | MUZAMA,DEBORAH, 20                                     | CKS    | 13.30    | 5 | 0 |             |   |  |
| 5               | MTHEMBU,NOKUBONGWA, 81                                 | EHAC   | 13.39    | 4 | 0 |             |   |  |
| 6               | NDLOVU ,THULILE, 60                                    | DUT    | 13.42    | 3 | 0 |             |   |  |
| 0               | KHOZA,NONDUMISO, 257                                   | VCAC   | DNS: DNS | 0 | 0 |             |   |  |
| 0               | ENGLER,ZOE, 73   | EPG    | DNS: DNS | 0 | 0 |             |   |  |
| <b>Item 62</b>  | <b>11:40 Heat 1 of 4 Women 25 100m (Seniors)</b>       |        |          |   |   |             |   |  |
| 1               | ENGLER,ZOE, 73   | EPG    |          |   | 0 |             |   |  |
| 1               | LINDOKUHLE,MAVUNDLA, 391                               | INA    |          |   | 0 |             |   |  |
| 1               | MVUBU,ZAMOKUHLE, 228                                   | UOZ    |          |   | 0 |             |   |  |
| 1               | MTHEMBU,NOKUBONGWA, 81                                 | EHAC   | 13.42    |   | 0 |             |   |  |
| 1               | NDLOVU ,THULILE, 60                                    | DUT    |          |   | 0 |             |   |  |
| 1               | NDZINISA,PHUMLILE, 205                                 | ESW    |          |   | 0 |             |   |  |
| 0               | BASI,MBALENHLE, 135                                    | MUT    | DNR: DNR |   | 0 |             |   |  |
| <b>Item 63</b>  | <b>11:40 Heat 2 of 4 Women 25 100m (Seniors)</b>       |        |          |   |   |             |   |  |
| 1               | KHOZA,NONDUMISO, 257                                   | VCAC   |          |   | 0 |             |   |  |
| 1               | MUZAMA,DEBORAH, 20                                     | CKS    |          |   | 0 |             |   |  |
| 1               | MOFOKENG,NONTIANTIA, 227                               | UOZ    |          |   | 0 |             |   |  |
| 1               | DUBAZANE,THEMBELIHLE, 266                              | UTR    |          |   | 0 |             |   |  |
| 1               | NTOZAKHE,SANELISIWE, 47                                | DUT    |          |   | 0 |             |   |  |
| 1               | MAGUBANE,THOBEKA, 42                                   | DUT    |          |   | 0 |             |   |  |
| 0               | MHLONGO,SHEREEN, 80                                    | EHAC   | DNR: DNR |   | 0 |             |   |  |
| <b>Item 64</b>  | <b>11:40 Heat 3 of 4 Women 25 100m (Seniors)</b>       |        |          |   |   |             |   |  |
| 1               | HLONGWA,STHANDIWE, 265                                 | UKZNAC |          |   | 0 |             |   |  |
| 1               | MDLULI,ANELA, 223                                      | UOZ    |          |   | 0 |             |   |  |
| 0               | MKHIZE,STHANDIWE, 43                                   | DUT    | DNR: DNR |   | 0 |             |   |  |
| 0               | NDWALANE,PRETTY, 45                                    | DUT    | DNR: DNR |   | 0 |             |   |  |
| 0               | VILAKAZI,THOBILE, 38                                   | DDAC   | DNR: DNR |   | 0 |             |   |  |
| 0               | CELE,NOBUBELE, 136                                     | MUT    | DNR: DNR |   | 0 |             |   |  |
| <b>Item 65</b>  | <b>11:40 Heat 4 of 4 Women 25 100m (Seniors)</b>       |        |          |   |   |             |   |  |
| 1               | NGEMA,SNETHEMBA, 213                                   | UKZNAC |          |   | 0 |             |   |  |
| 1               | LUSHABA,ZAMA, 225                                      | UOZ    |          |   | 0 |             |   |  |
| 0               | PRETORIUS,STACEY, 183                                  | RBAC   | DNR: DNR |   | 0 |             |   |  |
| 0               | MOSIYA ,LETHU , 196                                    | SPEX   | DNR: DNR |   | 0 |             |   |  |
| 0               | MTAMBO,SPHELELE, 44                                    | DUT    | DNR: DNR |   | 0 |             |   |  |
| 0               | DETSHE,ZINTLE, 137                                     | MUT    | DNR: DNR |   | 0 |             |   |  |
| <b>Item 83</b>  | <b>13:28 Semi Final 1 of 2 Women 25 100m (Seniors)</b> |        |          |   |   | <b>+3.5</b> |   |  |
| 1               | KHOZA,NONDUMISO, 257                                   | VCAC   | 12.39    |   | 0 |             |   |  |
| 2               | NGEMA,SNETHEMBA, 213                                   | UKZNAC | 12.50    |   | 0 |             |   |  |
| 3               | MUZAMA,DEBORAH, 20                                     | CKS    | 13.17    |   | 0 |             |   |  |
| 4               | MTHEMBU,NOKUBONGWA, 81                                 | EHAC   | 13.31    |   | 0 |             |   |  |
| 5               | NDLOVU ,THULILE, 60                                    | DUT    | 13.33    |   | 0 |             |   |  |
| 6               | LUSHABA,ZAMA, 225                                      | UOZ    | 14.04    |   | 0 |             |   |  |
| 7               | MDLULI,ANELA, 223                                      | UOZ    | 14.37    |   | 0 |             |   |  |
| 8               | MAGUBANE,THOBEKA, 42                                   | DUT    | 15.06    |   | 0 |             |   |  |
| <b>Item 84</b>  | <b>13:28 Semi Final 2 of 2 Women 25 100m (Seniors)</b> |        |          |   |   | <b>+2.6</b> |   |  |
| 1               | NDZINISA,PHUMLILE, 205                                 | ESW    | 11.99    |   | 0 |             |   |  |
| 2               | DUBAZANE,THEMBELIHLE, 266                              | UTR    | 12.88    |   | 0 |             |   |  |
| 3               | ENGLER,ZOE, 73   | EPG    | 13.19    |   | 0 |             |   |  |
| 4               | HLONGWA,STHANDIWE, 265                                 | UKZNAC | 14.22    |   | 0 |             |   |  |
| 5               | NTOZAKHE,SANELISIWE, 47                                | DUT    | 14.42    |   | 0 |             |   |  |
| 6               | MOFOKENG,NONTIANTIA, 227                               | UOZ    | 15.11    |   | 0 |             |   |  |
| 7               | MVUBU,ZAMOKUHLE, 228                                   | UOZ    | 15.91    |   | 0 |             |   |  |

| Age             | Place        | Athlete,Birthdate                        | Team   | Perf       | Points | Score       | Medal | Records |
|-----------------|--------------|--|--------|------------|--------|-------------|-------|---------|
| 8               |              | LINDOKUHLE,MAVUNDLA, 391                 | INA    | 16.89      |        | 0           |       |         |
| <b>Item 106</b> | <b>16:00</b> | <b>Final Men 25 100m (Seniors)</b>       |        |            |        | <b>+2.0</b> |       |         |
| 1               |              | GAINES,MARK, 214                         | UKZNAC | 10.57      | 8      | 0           | G     |         |
| 2               |              | NGESI,NTOKOZO, 399                       | DDAC   | 10.67      | 7      | 0           | S     |         |
| 3               |              | MPENDULO,MAKHANYA, 388                   | OGWINI | 10.84      | 6      | 0           | B     |         |
| 4               |              | MARLOTH,HEINRICH, 100                    | FF     | 10.92      | 5      | 0           |       |         |
| 5               |              | THANDO,LOLIWE, 1                         | ACT    | 10.93      | 3.5    | 0           |       |         |
| 5               |              | NKOSI,WANDILE, 63                        | DUT    | 10.93      | 3.5    | 0           |       |         |
| 7               |              | SEETAL,KEATON, 65                        | DUT    | 11.05      | 2      | 0           |       |         |
| 0               |              | NDZWANANA,SIMPHIWE, 61                   | DUT    | DNS: DNS   | 0      | 0           |       |         |
| <b>Item 66</b>  | <b>11:50</b> | <b>Heat 1 of 6 Men 25 100m (Seniors)</b> |        |            |        | <b>+2.0</b> |       |         |
| 1               |              | MASEKO,VALENTINE, 54                     | DUT    | 10.57      |        | 0           |       |         |
| 2               |              | YONGA,MANZI, 39                          | DDAC   | 10.64      |        | 0           |       |         |
| 3               |              | BEYA,JACQUES, 96                         | FF     | 10.84      |        | 0           |       |         |
| 4               |              | XOLO,THOMAS, 84                          | EHAC   | 10.92      |        | 0           |       |         |
| 5               |              | DLODLO,SAKHILE, 122                      | INAND  | 10.93      |        | 0           |       |         |
| 6               |              | MAGWANYANA,KWANELE, 235                  | UOZ    | 10.93      |        | 0           |       |         |
| 7               |              | NDLOVU,NDABEZINHLE, 78                   | EPG    | 11.05      |        | 0           |       |         |
| 8               |              | SEETAL,KEATON, 65                        | DUT    | 11.17      |        | 0           |       |         |
| <b>Item 67</b>  | <b>11:50</b> | <b>Heat 2 of 6 Men 25 100m (Seniors)</b> |        |            |        | <b>+1.5</b> |       |         |
| 1               |              | NDLELA,ANDISWA, 158                      | NEW    | 11.50      |        | 0           |       |         |
| 0               |              | MDEBUKA,ZUKO, 55                         | DUT    | Disq: DISQ |        | 0           |       |         |
| 0               |              | JANSEN,MORNE, 15                         | BBAC   | DNR: DNR   |        | 0           |       |         |
| 0               |              | MKHONZA,SIBUSISO, 156                    | NEW    | DNR: DNR   |        | 0           |       |         |
| 0               |              | DLAMINI,MTHOBISI, 164                    | PHA    | DNR: DNR   |        | 0           |       |         |
| 0               |              | NDLELA,ANDISWA, 128                      | IND    | DNR: DNR   |        | 0           |       |         |
| 0               |              | KHANYILE,DAVID, 140                      | MUT    | DNR: DNR   |        | 0           |       |         |
| <b>Item 68</b>  | <b>11:50</b> | <b>Heat 3 of 6 Men 25 100m (Seniors)</b> |        |            |        | <b>+1.5</b> |       |         |
| 1               |              | THANDO,LOLIWE, 1                         | ACT    | 10.93      |        | 0           |       |         |
| 2               |              | NDZWANANA,SIMPHIWE, 61                   | DUT    | 11.01      |        | 0           |       |         |
| 3               |              | MTHEMBU,SFISO, 199                       | SPEX   | 11.28      |        | 0           |       |         |
| 4               |              | MABASO,SANDILE, 154                      | NEW    | 12.38      |        | 0           |       |         |
| 0               |              | MBATHA,WANDILE, 258                      | VCAC   | DNR: DNR   |        | 0           |       |         |
| 0               |              | KHUMALO,SPHAMANDLA, 152                  | NEW    | DNR: DNR   |        | 0           |       |         |
| 0               |              | TENZA,MFANELO, 210                       | UKZN   | DNR: DNR   |        | 0           |       |         |
| 0               |              | TSHITEYA,TSHIMANGA, 211                  | UKZN   | DNR: DNR   |        | 0           |       |         |
| <b>Item 69</b>  | <b>11:50</b> | <b>Heat 4 of 6 Men 25 100m (Seniors)</b> |        |            |        | <b>+1.4</b> |       |         |
| 1               |              | GAINES,MARK, 214                         | UKZNAC | 10.63      |        | 0           |       |         |
| 2               |              | MPENDULO,MAKHANYA, 388                   | OGWINI | 10.91      |        | 0           |       |         |
| 3               |              | RORKE,JOHNATHAN, 129                     | IND    | 11.29      |        | 0           |       |         |
| 4               |              | MABASO,KHANYISANI, 50                    | DUT    | 11.47      |        | 0           |       |         |
| 5               |              | NDWANDWE,THOKOZANI, 238                  | UOZ    | 11.71      |        | 0           |       |         |
| 6               |              | NGUBANE,SIYOLUGUNA, 240                  | UOZ    | 12.65      |        | 0           |       |         |
| 7               |              | XABA,NHLANHLA PRIDE, 119                 | INA    | 12.84      |        | 0           |       |         |
| 8               |              | SIBISI,LINDOKUHLE, 66                    | DUT    | 13.74      |        | 0           |       |         |
| <b>Item 70</b>  | <b>11:50</b> | <b>Heat 5 of 6 Men 25 100m (Seniors)</b> |        |            |        | <b>+1.8</b> |       |         |
| 1               |              | NGESI,NTOKOZO, 399                       | DDAC   | 10.83      |        | 0           |       |         |
| 2               |              | MYENI,BONGUMUSA, 259                     | VCAC   | 11.25      |        | 0           |       |         |
| 3               |              | NGQUISEKA,NTOBKA, 101                    | FF     | 11.48      |        | 0           |       |         |
| 4               |              | MPULO,SANELE, 57                         | DUT    | 12.30      |        | 0           |       |         |
| 5               |              | MALAWU T12,LWANDILE MINUS T12,           | UKZNAC | 12.49      |        | 0           |       |         |
| 6               |              | GUMEDE,AYANDA, 232                       | UOZ    | 12.86      |        | 0           |       |         |
| 7               |              | NKOMONDE,NJABULO, 62                     | DUT    | 13.48      |        | 0           |       |         |
| 0               |              | FUNJWA,SIPHIWE, 148                      | NEW    | DNR: DNR   |        | 0           |       |         |
| <b>Item 71</b>  | <b>11:50</b> | <b>Heat 6 of 6 Men 25 100m (Seniors)</b> |        |            |        | <b>+2.2</b> |       |         |
| 1               |              | MARLOTH,HEINRICH, 100                    | FF     | 11.01      |        | 0           |       |         |
| 2               |              | NKOSI,WANDILE, 63                        | DUT    | 11.04      |        | 0           |       |         |
| 3               |              | KHOLWANE,SIPHESIHLA, 151                 | NEW    | 11.40      |        | 0           |       |         |
| 4               |              | ZONDI,MELULEKI, 67                       | DUT    | 12.06      |        | 0           |       |         |

| Age            | Place  | Athlete,Birthdate        | Team   | Perf     | Points | Score       | Medal | Records |
|----------------|--|--------------------------|--------|----------|--------|-------------|-------|---------|
| 5              |  | MABHIDA,MBONGENI, 218    | UDAC   | 12.50    |        | 0           |       |         |
| 6              |  | NLANANA,SIMPHIWE, 241    | UOZ    | 12.65    |        | 0           |       |         |
| 0              |  | NGOBESE,NJABULO, 4       | AHS    | DNR: DNR |        | 0           |       |         |
| 0              |  | KHANYILE,SIYABONGA, 32   | DDAC   | DNR: DNR |        | 0           |       |         |
| <b>Item 85</b> | <b>13:32 Semi Final 1 of 3 Men 25 100m (Seniors)</b> |                          |        |          |        | <b>+2.0</b> |       |         |
| 1              |  | GAINES,MARK, 214         | UKZNAC | 10.51    |        | 0           |       |         |
| 2              |  | MARLOTH,HEINRICH, 100    | FF     | 10.80    |        | 0           |       |         |
| 3              |  | NKOSI,WANDILE, 63        | DUT    | 10.81    |        | 0           |       |         |
| 4              |  | MASEKO,VALENTINE, 54     | DUT    | 11.14    |        | 0           |       |         |
| 5              |  | KHOLWANE,SIPHESIHLI, 151 | NEW    | 11.23    |        | 0           |       |         |
| 6              |  | NGQUISEKA,NTOBOKA, 101   | FF     | 11.30    |        | 0           |       |         |
| 7              |  | NDWANDWE,THOKOZANI, 238  | UOZ    | 11.74    |        | 0           |       |         |
| 8              |  | ZONDI,MELULEKI, 67       | DUT    | 12.02    |        | 0           |       |         |
| <b>Item 86</b> | <b>13:32 Semi Final 2 of 3 Men 25 100m (Seniors)</b> |                          |        |          |        | <b>+2.0</b> |       |         |
| 1              |  | NGESI,NTOKOZO, 399       | DDAC   | 10.66    |        | 0           |       |         |
| 2              |  | NDZWANANA,SIMPHIWE, 61   | DUT    | 11.01    |        | 0           |       |         |
| 3              |  | SEETAL,KEATON, 65        | DUT    | 11.04    |        | 0           |       |         |
| 4              |  | MYENI,BONGUMUSA, 259     | VCAC   | 11.15    |        | 0           |       |         |
| 5              |  | XOLO,THOMAS, 84          | EHAC   | 11.20    |        | 0           |       |         |
| 6              |  | BEYA,JACQUES, 96         | FF     | 11.25    |        | 0           |       |         |
| 7              |  | DLODLO,SAKHILE, 122      | INAND  | 11.79    |        | 0           |       |         |
| <b>Item 87</b> | <b>13:32 Semi Final 3 of 3 Men 25 100m (Seniors)</b> |                          |        |          |        | <b>+2.0</b> |       |         |
| 1              |  | MPENDULO,MAKHANYA, 388   | OGWINI | 10.76    |        | 0           |       |         |
| 2              |  | THANDO,LOLIWE, 1         | ACT    | 10.85    |        | 0           |       |         |
| 3              |  | RORKE,JOHNATHAN, 129     | IND    | 11.25    |        | 0           |       |         |
| 4              |  | MABASO,KHANYISANI, 50    | DUT    | 11.48    |        | 0           |       |         |
| 5              |  | MTHEMBU,SFISO, 199       | SPEX   | 12.30    |        | 0           |       |         |
| 0              |  | NDLELA,ANDISWA, 158      | NEW    | DNS: DNS |        | 0           |       |         |
| 0              |  | YONGA,MANZI, 39          | DDAC   | DNS: DNS |        | 0           |       |         |
| <b>Item 90</b> | <b>13:55 Final Women MixAge 100m (Masters)</b>       |                          |        |          |        | <b>+2.5</b> |       |         |
| 35             | 1  | SHANGE,DUDUZILE, 7       | AAC    | 15.48    | 8      | 0           | G     |         |
| 49             | 1  | OGRAM,ROSLYN, 93         | FF     | 15.00    | 8      | 0           | G     |         |
| 50             | 1  | SIGUBUDU,NANA, 116       | INA    | 16.63    | 8      | 0           | G     |         |
| 69             | 1  | JACOBS,MARLENE, 105      | FY     | 18.59    | 8      | 0           | G     |         |
| <b>Item 91</b> | <b>14:00 Final Men MixAge 100m (Masters H1)</b>      |                          |        |          |        | <b>+1.9</b> |       |         |
| 30             | 1  | JANSEN,MORNE, 382        | BBAC   | 13.19    | 8      | 0           | G     |         |
| 36             | 0  | DLAMINI,SANDILE, 398     | IND    | DNF: DNF | 0      | 0           |       |         |
| 49             | 1  | DUNN,MARLON, 146         | NED    | 12.45    | 8      | 0           | G     |         |
| 49             | 2  | OGRAM,EDMOND, 383        | FF     | 13.20    | 7      | 0           | S     |         |
| 59             | 1  | MBEKWANA,ZANDISILE, 106  | FY     | 13.42    | 8      | 0           | G     |         |
| <b>Item 92</b> | <b>14:00 Final Men MixAge 100m (Masters H2)</b>      |                          |        |          |        |             |       |         |
| 60             | 1  | OEOFSE,WALTER, 108       | FYAC   | 16.23    | 8      | 0           | G     |         |
| 70             | 1  | MOTALA,YACOOB, 195       | SAC    | 16.70    | 8      | 0           | G     |         |
| 80             | 1  | MIEKAUTSCH,HANS, 130     | KPAC   | 17.13    | 8      | 0           | G     |         |
| 80             | 2  | BRUCE-BRAND,AVON, 97     | FF     | 18.31    | 7      | 0           | S     |         |
| <b>Item 32</b> | <b>20:10 Final Women 25 200m (Seniors)</b>           |                          |        |          |        | <b>+0.3</b> |       |         |
| 1              |  | NDZINISA,PHUMLILE, 205   | ESW    | 24.79    | 8      | 0           | G     |         |
| 2              |  | KHOZA,NONDUMISO, 257     | VCAC   | 25.32    | 7      | 0           | S     |         |
| 3              |  | MTHEMBU,SAMUKLISIWE, 25  | COS    | 25.45    | 6      | 0           | B     |         |
| 4              |  | ENGLER,ZOE, 73           | EPG    | 26.92    | 5      | 0           |       |         |
| 5              |  | MUZAMA,DEBORAH, 20       | CKS    | 27.10    | 4      | 0           |       |         |
| 6              |  | MTHEMBU,NOKUBONGWA, 81   | EHAC   | 27.75    | 3      | 0           |       |         |
| 0              |  | CLOETE,CELINE, 89        | FF     | DNR: DNR | 0      | 0           |       |         |
| 0              |  | NGEMA,SNETHEMBA, 213     | UKZNAC | DNR: DNR | 0      | 0           |       |         |
| <b>Item 1</b>  | <b>17:00 Heat 1 of 4 Women 25 200m (Seniors)</b>     |                          |        |          |        |             |       |         |
| 1              |  | NOGULA,SIZIPHIWE, 230    | UOZ    |          |        | 0           |       |         |
| 2              |  | NDZINISA,PHUMLILE, 205   | ESW    |          |        | 0           |       |         |
| 3              |  | MUZAMA,DEBORAH, 20       | CKS    |          |        | 0           |       |         |
| 4              |  | ENGLER,ZOE, 73           | EPG    |          |        | 0           |       |         |

| Age            | Place  | Athlete,Birthdate         | Team   | Perf     | Points | Score | Medal | Records |
|----------------|--|---------------------------|--------|----------|--------|-------|-------|---------|
| 0              |  | MHLONGO,SHEREEN, 80       | EHAC   | DNR: DNR |        | 0     |       |         |
| 0              |  | DUBAZANE,THEMBELIHLE, 266 | UTR    | DNR: DNR |        | 0     |       |         |
| 0              |  | MKHIZE,STHANDIWE, 43      | DUT    | DNR: DNR |        | 0     |       |         |
| <b>Item 2</b>  | <b>17:00 Heat 2 of 4 Women 25 200m (Seniors)</b>       |                           |        |          |        |       |       |         |
| 1              |  | CELE,NOBUBELE, 136        | MUT    |          |        | 0     |       |         |
| 2              |  | MAGUBANE,THOBEKA, 42      | DUT    |          |        | 0     |       |         |
| 3              |  | KHOZA,NONDUMISO, 257      | VCAC   |          |        | 0     |       |         |
| 4              |  | MTHEMBU,NOKUBONGWA, 81    | EHAC   |          |        | 0     |       |         |
| 5              |  | MCHUNU ,SANELISIWE, 217   | UKZNP  |          |        | 0     |       |         |
| 0              |  | BOMPASS,JESSICA, 72       | EPG    | DNR: DNR |        | 0     |       |         |
| 0              |  | LUSHABA,ZAMA, 225         | UOZ    | DNR: DNR |        | 0     |       |         |
| <b>Item 3</b>  | <b>17:00 Heat 3 of 4 Women 25 200m (Seniors)</b>       |                           |        |          |        |       |       |         |
| 1              |  | ZULU,NOMCEBO, 95          | FF     |          |        | 0     |       |         |
| 2              |  | NGEMA,SNETHEMBA, 213      | UKZNAC |          |        | 0     |       |         |
| 3              |  | MTHEMBU,SAMUKLISIWE, 25   | COS    |          |        | 0     |       |         |
| 4              |  | NTOZAKHE,SANELISIWE, 47   | DUT    |          |        | 0     |       |         |
| 0              |  | MVUBU,ZAMOKUHLE, 228      | UOZ    | DNR: DNR |        | 0     |       |         |
| 0              |  | DETSHE,ZINTLE, 137        | MUT    | DNR: DNR |        | 0     |       |         |
| <b>Item 4</b>  | <b>17:00 Heat 4 of 4 Women 25 200m (Seniors)</b>       |                           |        |          |        |       |       |         |
| 1              |  | CLOETE,CELINE, 89         | FF     |          |        | 0     |       |         |
| 2              |  | HLONGWA,STHANDIWE, 265    | UKZNAC |          |        | 0     |       |         |
| 0              |  | BLOUNT,NICOLE, 19         | CKS    | DNR: DNR |        | 0     |       |         |
| 0              |  | MDLULI,ANELA, 223         | UOZ    | DNR: DNR |        | 0     |       |         |
| 0              |  | MOSIYA ,LETHU , 196       | SPEX   | DNR: DNR |        | 0     |       |         |
| 0              |  | BASI,MBALENHLE, 135       | MUT    | DNR: DNR |        | 0     |       |         |
| <b>Item 18</b> | <b>18:25 Semi Final 1 of 2 Women 25 200m (Seniors)</b> |                           |        |          |        |       |       |         |
| 1              |  | MTHEMBU,SAMUKLISIWE, 25   | COS    | 25.57    |        | 0     |       |         |
| 2              |  | MUZAMA,DEBORAH, 20        | CKS    | 26.89    |        | 0     |       |         |
| 3              |  | ENGLER,ZOE, 73            | EPG    | 27.29    |        | 0     |       |         |
| 4              |  | CLOETE,CELINE, 89         | FF     | 27.85    |        | 0     |       |         |
| 5              |  | MCHUNU ,SANELISIWE, 217   | UKZNP  | 27.86    |        | 0     |       |         |
| 6              |  | HLONGWA,STHANDIWE, 265    | UKZNAC | 29.87    |        | 0     |       |         |
| 7              |  | MAGUBANE,THOBEKA, 42      | DUT    | 32.29    |        | 0     |       |         |
| 8              |  | NOGULA,SIZIPHIWE, 230     | UOZ    | 33.87    |        | 0     |       |         |
| <b>Item 19</b> | <b>18:25 Semi Final 2 of 2 Women 25 200m (Seniors)</b> |                           |        |          |        |       |       |         |
| 1              |  | NDZINISA,PHUMLILE, 205    | ESW    | 24.49    |        | 0     |       |         |
| 2              |  | KHOZA,NONDUMISO, 257      | VCAC   | 25.62    |        | 0     |       |         |
| 3              |  | NGEMA,SNETHEMBA, 213      | UKZNAC | 26.48    |        | 0     |       |         |
| 4              |  | MTHEMBU,NOKUBONGWA, 81    | EHAC   | 27.35    |        | 0     |       |         |
| 5              |  | ZULU,NOMCEBO, 95          | FF     | 29.16    |        | 0     |       |         |
| 6              |  | NTOZAKHE,SANELISIWE, 47   | DUT    | 30.84    |        | 0     |       |         |
| 7              |  | CELE,NOBUBELE, 136        | MUT    | 33.34    |        | 0     |       |         |
| <b>Item 33</b> | <b>20:15 Final Men 25 200m (Seniors)</b>               |                           |        |          |        |       |       |         |
| 1              |  | NENE,ZAKITHI, 209         | UKZN   | 21.42    | 8      | 0     | G     |         |
| 2              |  | NGESI,NTOKOZO, 399        | DDAC   | 21.57    | 7      | 0     | S     |         |
| 3              |  | NDLELA,ANDISWA, 158       | NEW    | 21.84    | 6      | 0     | B     |         |
| 4              |  | MBATHA,WANDILE, 258       | VCAC   | 22.02    | 5      | 0     |       |         |
| 5              |  | MARLOTH,HEINRICH, 100     | FF     | 22.08    | 4      | 0     |       |         |
| 6              |  | NDZWANANA,SIMPHIWE, 61    | DUT    | 22.26    | 3      | 0     |       |         |
| 7              |  | NKOSI,WANDILE, 63         | DUT    | 22.55    | 2      | 0     |       |         |
| 0              |  | THANDO,LOLIWE, 1          | ACT    | DNR: DNS | 0      | 0     |       |         |
| <b>Item 5</b>  | <b>17:10 Heat 1 of 6 Men 25 200m (Seniors)</b>         |                           |        |          |        |       |       |         |
| 1              |  | NDLELA,ANDISWA, 158       | NEW    | 22.05    |        | 0     |       |         |
| 2              |  | MABASO,SANDILE, 154       | NEW    | 22.58    |        | 0     |       |         |
| 3              |  | XOLO,THOMAS, 84           | EHAC   | 22.60    |        | 0     |       |         |
| 4              |  | DUBE,SCELO, 248           | UTR    | 22.77    |        | 0     |       |         |
| 5              |  | MDEBUKA,ZUKO, 55          | DUT    | 24.73    |        | 0     |       |         |
| 6              |  | NKOMONDE,NJABULO, 62      | DUT    | 28.21    |        | 0     |       |         |
| 0              |  | NDLOVU,NDABEZINHLE, 78    | EPG    | DNS: DNS |        | 0     |       |         |

| Age            | Place | Athlete,Birthdate                                    | Team  | Perf     | Points | Score       | Medal | Records |
|----------------|-------|--|-------|----------|--------|-------------|-------|---------|
| 0              |       | XABA,NHLANHLA PRIDE, 119                             | INA   | DNS: DNS |        | 0           |       |         |
| <b>Item 6</b>  |       | <b>17:10 Heat 2 of 6 Men 25 200m (Seniors)</b>       |       |          |        | <b>+2.8</b> |       |         |
| 1              |       | NGESI,NTOKOZO, 399                                   | DDAC  | 21.83    |        | 0           |       |         |
| 2              |       | NDZWANANA,SIMPHIWE, 61                               | DUT   | 22.21    |        | 0           |       |         |
| 3              |       | THWALA,LINDANI, 160                                  | NEW   | 22.34    |        | 0           |       |         |
| 4              |       | MABASO,NKOSINGIPHILE, 153                            | NEW   | 22.47    |        | 0           |       |         |
| 5              |       | MYENI,BONGUMUSA, 259                                 | VCAC  | 22.76    |        | 0           |       |         |
| 6              |       | NDWANDWE,THOKOZANI, 238                              | UOZ   | 24.09    |        | 0           |       |         |
| 7              |       | MPULO,SANELE, 57                                     | DUT   | 24.67    |        | 0           |       |         |
| 8              |       | DLAMINI,MTHOBISI, 164                                | PHA   | 28.27    |        | 0           |       |         |
| <b>Item 7</b>  |       | <b>17:10 Heat 3 of 6 Men 25 200m (Seniors)</b>       |       |          |        | <b>+2.2</b> |       |         |
| 1              |       | MBATHA,WANDILE, 258                                  | VCAC  | 21.89    |        | 0           |       |         |
| 2              |       | SEETAL,KEATON, 65                                    | DUT   | 22.54    |        | 0           |       |         |
| 3              |       | TENZA,MFANELO, 210                                   | UKZN  | 23.39    |        | 0           |       |         |
| 4              |       | RORKE,JOHNATHAN, 129                                 | IND   | 23.51    |        | 0           |       |         |
| 5              |       | MAGWANYANA,KWANELE, 235                              | UOZ   | 25.84    |        | 0           |       |         |
| 0              |       | TSHITEYA,TSHIMANGA, 211                              | UKZN  | DNS: DNS |        | 0           |       |         |
| 0              |       | SIBISI,LINDOKUHLE, 66                                | DUT   | DNS: DNS |        | 0           |       |         |
| <b>Item 8</b>  |       | <b>17:10 Heat 4 of 6 Men 25 200m (Seniors)</b>       |       |          |        | <b>+0.9</b> |       |         |
| 1              |       | NENE,ZAKITHI, 209                                    | UKZN  | 21.29    |        | 0           |       |         |
| 2              |       | MARLOTH,HEINRICH, 100                                | FF    | 22.40    |        | 0           |       |         |
| 3              |       | KHOLWANE,SIPHESIHLE, 151                             | NEW   | 22.49    |        | 0           |       |         |
| 4              |       | ALLAN,KAYLYN, 204                                    | SUN   | 24.10    |        | 0           |       |         |
| 5              |       | NLANANA,SIMPHIWE, 241                                | UOZ   | 26.33    |        | 0           |       |         |
| 0              |       | ZULU,NHLAKANIPHO, 70                                 | DUT   | DNS: DNS |        | 0           |       |         |
| <b>Item 9</b>  |       | <b>17:10 Heat 5 of 6 Men 25 200m (Seniors)</b>       |       |          |        | <b>+2.1</b> |       |         |
| 1              |       | NKOSI,WANDILE, 63                                    | DUT   | 22.60    |        | 0           |       |         |
| 2              |       | BEYA,JACQUES, 96                                     | FF    | 23.26    |        | 0           |       |         |
| 3              |       | ZONDI,MELULEKI, 67                                   | DUT   | 24.32    |        | 0           |       |         |
| 4              |       | SITHOLE,SAKHILE, 109                                 | HILL  | 26.07    |        | 0           |       |         |
| 5              |       | NGUBANE,SIYOLUGUNA, 240                              | UOZ   | 28.18    |        | 0           |       |         |
| 0              |       | MGOBHOZI,SIHLE, 220                                  | UDAC  | DNS: DNS |        | 0           |       |         |
| 0              |       | DUBE,SICEO, 31                                       | DDAC  | DNS: DNS |        | 0           |       |         |
| <b>Item 10</b> |       | <b>17:10 Heat 6 of 6 Men 25 200m (Seniors)</b>       |       |          |        | <b>+1.7</b> |       |         |
| 1              |       | THANDO,LOLIWE, 1                                     | ACT   | 21.94    |        | 0           |       |         |
| 2              |       | NJABULO,GAMEDE, 198                                  | SPEX  | 22.66    |        | 0           |       |         |
| 3              |       | MASEKO,VALENTINE, 54                                 | DUT   | 22.80    |        | 0           |       |         |
| 4              |       | DLODLO,SAKHILE, 122                                  | INAND | 23.81    |        | 0           |       |         |
| 5              |       | TSANYANE ,TSIELO, 202                                | SPEX  | 24.22    |        | 0           |       |         |
| 0              |       | CLARK,ANTHONY, 22                                    | CKS   | DNS: DNS |        | 0           |       |         |
| 0              |       | MABHIDA,MBONGENI, 218                                | UDAC  | DNS: DNS |        | 0           |       |         |
| 0              |       | KHANYILE,SIYABONGA, 32                               | DDAC  | DNS: DNS |        | 0           |       |         |
| <b>Item 20</b> |       | <b>18:30 Semi Final 1 of 3 Men 25 200m (Seniors)</b> |       |          |        | <b>+0.6</b> |       |         |
| 1              |       | NENE,ZAKITHI, 209                                    | UKZN  | 21.24    |        | 0           |       |         |
| 2              |       | MARLOTH,HEINRICH, 100                                | FF    | 21.96    |        | 0           |       |         |
| 3              |       | THANDO,LOLIWE, 1                                     | ACT   | 22.09    |        | 0           |       |         |
| 4              |       | MABASO,NKOSINGIPHILE, 153                            | NEW   | 22.56    |        | 0           |       |         |
| 5              |       | MASEKO,VALENTINE, 54                                 | DUT   | 22.64    |        | 0           |       |         |
| 6              |       | KHOLWANE,SIPHESIHLE, 151                             | NEW   | 23.16    |        | 0           |       |         |
| 7              |       | BEYA,JACQUES, 96                                     | FF    | 23.52    |        | 0           |       |         |
| 0              |       | RORKE,JOHNATHAN, 129                                 | IND   | DNS: DNS |        | 0           |       |         |
| <b>Item 21</b> |       | <b>18:30 Semi Final 2 of 3 Men 25 200m (Seniors)</b> |       |          |        | <b>+0.0</b> |       |         |
| 1              |       | NGESI,NTOKOZO, 399                                   | DDAC  | 21.61    |        | 0           |       |         |
| 2              |       | NDLELA,ANDISWA, 158                                  | NEW   | 21.85    |        | 0           |       |         |
| 3              |       | THWALA,LINDANI, 160                                  | NEW   | 22.48    |        | 0           |       |         |
| 4              |       | NJABULO,GAMEDE, 198                                  | SPEX  | 22.74    |        | 0           |       |         |
| 5              |       | MYENI,BONGUMUSA, 259                                 | VCAC  | 23.09    |        | 0           |       |         |
| 6              |       | TENZA,MFANELO, 210                                   | UKZN  | 23.31    |        | 0           |       |         |
| 7              |       | DLODLO,SAKHILE, 122                                  | INAND | 23.75    |        | 0           |       |         |

| Age             | Place        | Athlete,Birthdate                              | Team   | Perf     | Points | Score       | Medal | Records |
|-----------------|--------------|--|--------|----------|--------|-------------|-------|---------|
| 0               |              | SEETAL,KEATON, 65                              | DUT    | DNS: DNS |        | 0           |       |         |
| <b>Item 22</b>  | <b>18:30</b> | <b>Semi Final 3 of 3 Men 25 200m (Seniors)</b> |        |          |        | <b>+1.2</b> |       |         |
| 1               |              | MBATHA,WANDILE, 258                            | VCAC   | 22.18    |        | 0           |       |         |
| 2               |              | NDZWANANA,SIMPHIWE, 61                         | DUT    | 22.36    |        | 0           |       |         |
| 3               |              | NKOSI,WANDILE, 63                              | DUT    | 22.42    |        | 0           |       |         |
| 4               |              | XOLO,THOMAS, 84                                | EHAC   | 22.61    |        | 0           |       |         |
| 5               |              | MABASO,SANDILE, 154                            | NEW    | 22.77    |        | 0           |       |         |
| 6               |              | DUBE,SCELO, 248                                | UTR    | 23.21    |        | 0           |       |         |
| 7               |              | NDWANDWE,THOKOZANI, 238                        | UOZ    | 24.65    |        | 0           |       |         |
| 8               |              | ZONDI,MELULEKI, 67                             | DUT    | 24.92    |        | 0           |       |         |
| <b>Item 30</b>  | <b>20:00</b> | <b>Final Women MixAge 200m ( Masters)</b>      |        |          |        |             |       |         |
| 69              | 1            | JACOBS,MARLENE, 105                            | FY     | 41.92    | 8      | 0           | G     |         |
| <b>Item 31</b>  | <b>20:05</b> | <b>Final Men MixAge 200m (Masters)</b>         |        |          |        | <b>+4.0</b> |       |         |
| 36              | 1            | DLAMINI,SANDILE, 398                           | IND    | 24.19    | 8      | 0           | G     |         |
| 49              | 1            | DUNN,MARLON, 146                               | NED    | 25.43    | 8      | 0           | G     |         |
| 50              | 1            | ZONDI,PRINCE, 104                              | FF     | 28.55    | 8      | 0           | G     |         |
| 59              | 1            | MBEKWANA,ZANDISILE, 106                        | FY     | 27.72    | 8      | 0           | G     |         |
| 60              | 1            | OEOFSE,WALTER, 108                             | FYAC   | 31.17    | 8      | 0           | G     |         |
| 70              | 1            | MOTALA,YACOOB, 195                             | SAC    | 34.82    | 8      | 0           | G     |         |
| <b>Item 100</b> | <b>15:35</b> | <b>Final Women 25 400m (Senior)</b>            |        |          |        |             |       |         |
| 1               |              | KHOZA,NONDUMISO, 257                           | VCAC   | 0:56.40  | 8      | 0           | G     |         |
| 2               |              | MTHEMBU,SAMUKLISIWE, 25                        | COS    | 0:57.88  | 7      | 0           | S     |         |
| 3               |              | MALULEKE,POLITE, 34                            | DDAC   | 0:58.44  | 6      | 0           | B     |         |
| 4               |              | SIBISI,THENJIWE, 28                            | DDAC   | 0:59.61  | 5      | 0           |       |         |
| 5               |              | GWALA,PHUMZILE, 189                            | SAVAC  | 1:00.84  | 4      | 0           |       |         |
| 6               |              | CLOETE,CELINE, 89                              | FF     | 1:05.08  | 3      | 0           |       |         |
| 7               |              | KHUZWAYO,THOBEKA, 123                          | INAND  | 1:06.23  | 2      | 0           |       |         |
| 0               |              | MUZAMA,DEBORAH, 20                             | CKS    | DNS: DNS | 0      | 0           |       |         |
| <b>Item 75</b>  | <b>13:10</b> | <b>Heat 1 of 2 Women 25 400m (Senior)</b>      |        |          |        |             |       |         |
| 1               |              | MALULEKE,POLITE, 34                            | DDAC   | 0:58.80  |        | 0           |       |         |
| 2               |              | SIBISI,THENJIWE, 28                            | DDAC   | 0:59.97  |        | 0           |       |         |
| 3               |              | GWALA,PHUMZILE, 189                            | SAVAC  | 1:01.61  |        | 0           |       |         |
| 4               |              | CLOETE,CELINE, 89                              | FF     | 1:04.54  |        | 0           |       |         |
| 5               |              | MABUYAKHULU,GUGULETHU, 226                     | UOZ    | 1:09.41  |        | 0           |       |         |
| 6               |              | NOGULA,SIZIPHIWE, 230                          | UOZ    | 1:23.29  |        | 0           |       |         |
| <b>Item 76</b>  | <b>13:10</b> | <b>Heat 2 of 2 Women 25 400m (Senior)</b>      |        |          |        |             |       |         |
| 1               |              | KHOZA,NONDUMISO, 257                           | VCAC   | 0:56.20  |        | 0           |       |         |
| 2               |              | MTHEMBU,SAMUKLISIWE, 25                        | COS    | 1:01.12  |        | 0           |       |         |
| 3               |              | KHUZWAYO,THOBEKA, 123                          | INAND  | 1:03.81  |        | 0           |       |         |
| 4               |              | MUZAMA,DEBORAH, 20                             | CKS    | 1:06.82  |        | 0           |       |         |
| 5               |              | KHOZA,FIKILE, 41                               | DUT    | 1:10.53  |        | 0           |       |         |
| 6               |              | MATHENJWA,AMANDA, 138                          | MUT    | 1:33.69  |        | 0           |       |         |
| <b>Item 103</b> | <b>15:45</b> | <b>Final Men 25 400m (Senior)</b>              |        |          |        |             |       |         |
| 1               |              | NENE,ZAKITHI, 209                              | UKZN   | 0:47.12  | 8      | 0           | G     |         |
| 2               |              | THWALA,LINDANI, 160                            | NEW    | 0:48.81  | 7      | 0           | S     |         |
| 3               |              | MGOBHOZI,SIHLE, 220                            | UDAC   | 0:49.34  | 6      | 0           | B     |         |
| 4               |              | MABASO,NKOSINGIPHILE, 153                      | NEW    | 0:49.91  | 5      | 0           |       |         |
| 5               |              | ZONDO,THULANI, 68                              | DUT    | 0:49.95  | 4      | 0           |       |         |
| 6               |              | HLATSHWAYO,MILDO, 155                          | NEW    | 0:51.01  | 3      | 0           |       |         |
| 0               |              | NJABULO,GAMEDE, 198                            | SPEX   | DNS: DNS | 0      | 0           |       |         |
| 0               |              | DUBE,SCELO, 248                                | UTR    | DNS: DNS | 0      | 0           |       |         |
| <b>Item 78</b>  | <b>13:20</b> | <b>Heat 1 of 3 Men 25 400m (Senior)</b>        |        |          |        |             |       |         |
| 1               |              | NENE,ZAKITHI, 209                              | UKZN   | 0:48.23  |        | 0           |       |         |
| 2               |              | THWALA,LINDANI, 160                            | NEW    | 0:48.94  |        | 0           |       |         |
| 3               |              | MABASO,NKOSINGIPHILE, 153                      | NEW    | 0:49.77  |        | 0           |       |         |
| 4               |              | NJABULO,GAMEDE, 198                            | SPEX   | 0:50.18  |        | 0           |       |         |
| 5               |              | NGUBANE,MINENHLE, 385                          | OGWINI | 0:52.26  |        | 0           |       |         |
| 6               |              | MSIBI,WANDILE, 267                             | ULUND  | 0:52.31  |        | 0           |       |         |
| 7               |              | MALEMBE,MLUNGISI, 53                           | DUT    | 0:55.17  |        | 0           |       |         |
| <b>Item 79</b>  | <b>13:20</b> | <b>Heat 2 of 3 Men 25 400m (Senior)</b>        |        |          |        |             |       |         |

| Age             | Place  | Athlete,Birthdate          | Team   | Perf     | Points | Score | Medal | Records |
|-----------------|--|----------------------------|--------|----------|--------|-------|-------|---------|
|                 | 1  | HLATSHWAYO,MILDO, 155      | NEW    | 0:49.55  |        | 0     |       |         |
|                 | 2  | DUBE,SCELO, 248            | UTR    | 0:49.58  |        | 0     |       |         |
|                 | 3  | MTHEMBU,NTOKOZO, 387       | OGWINI | 0:50.26  |        | 0     |       |         |
|                 | 4  | PHAKAMANI,MADLALA , 200    | SPEX   | 0:51.88  |        | 0     |       |         |
|                 | 5  | DLAMINI,SABELO, 30         | DDAC   | 0:52.02  |        | 0     |       |         |
|                 | 6  | TSANYANE ,TSIELO, 202      | SPEX   | 0:53.64  |        | 0     |       |         |
|                 | 7  | NDLOVU,LUNGISANI, 143      | MUT    | 0:54.56  |        | 0     |       |         |
| <b>Item 102</b> | <b>15:45 Heat 3 of 3 Men 25 400m (Senior)</b>        |                            |        |          |        |       |       |         |
|                 | 1  | MGOBHOZI,SIHLE, 220        | UDAC   | 0:49.83  |        | 0     |       |         |
|                 | 2  | ZONDO,THULANI, 68          | DUT    | 0:50.40  |        | 0     |       |         |
|                 | 3  | PHUNGULA,NGCEBO, 26        | COS    | 0:51.82  |        | 0     |       |         |
|                 | 4  | MASENGULA,JOHNSON, 35      | DDAC   | 0:52.26  |        | 0     |       |         |
|                 | 5  | GOGI,LESEDI, 98            | FF     | 0:52.60  |        | 0     |       |         |
| <b>Item 99</b>  | <b>15:30 Final Women MixAge 400m (Masters)</b>       |                            |        |          |        |       |       |         |
| 45              | 0  | JAY ,DELIA, 91             | FF     | DNS: DNS | 0      | 0     |       |         |
| 50              | 1  | SIGUBUDU,NANA, 116         | INA    | 1:25.16  | 8      | 0     | G     |         |
| 55              | 1  | ZONDI,CYNTHIA, 117         | INA    | 2:07.03  | 8      | 0     | G     |         |
| <b>Item 101</b> | <b>15:40 Final Men MixAge 400m (Masters)</b>         |                            |        |          |        |       |       |         |
| 30              | 0  | JANSEN,MORNE, 382          | BBAC   | DNS: DNS | 0      | 0     |       |         |
| 30              | 0  | MYAMBO,ADELO SIPHO, 111    | HOLL   | DNS: DNS | 0      | 0     |       |         |
| 40              | 1  | VOSLOO,RIAAN, 3            | AMA    | 0:57.71  | 8      | 0     | G     |         |
| 49              | 1  | DUNN,MARLON, 146           | NED    | 0:57.56  | 8      | 0     | G     |         |
| 50              | 0  | ZONDI,PRINCE, 104          | FF     | DNS: DNS | 0      | 0     |       |         |
| 59              | 1  | MBEKWANA,ZANDISILE, 106    | FY     | 1:04.41  | 8      | 0     | G     |         |
| 60              | 0  | OELOFSE,WALTER, 108        | FYAC   | DNS: DNS | 0      | 0     |       |         |
| <b>Item 29</b>  | <b>19:50 Final Women 25 800m (Senior Women ONLY)</b> |                            |        |          |        |       |       |         |
|                 | 1  | DE WIT,LUZAAN, 90          | FF     | 2:13.32  | 8      | 0     | G     |         |
|                 | 2  | MALULEKE,POLITE, 34        | DDAC   | 2:16.85  | 7      | 0     | S     |         |
|                 | 3  | GWALA,PHUMZILE, 189        | SAVAC  | 2:20.00  | 6      | 0     | B     |         |
|                 | 4  | KHUZWAYO,THOBEKA, 123      | INAND  | 2:36.24  | 5      | 0     |       |         |
|                 | 5  | KHOZA,FIKILE, 41           | DUT    | 2:44.10  | 4      | 0     |       |         |
|                 | 6  | MABUYAKHULU,GUGULETHU, 226 | UOZ    | 2:44.42  | 3      | 0     |       |         |
|                 | 7  | MYENI,ANDISA, 139          | MUT    | 2:58.66  | 2      | 0     |       |         |
|                 | 0  | LOFSTRAND,GENA, 92         | FF     | DNR: DNR | 0      | 0     |       |         |
|                 | 0  | NKABINDE,BONGIWE, 229      | UOZ    | DNR: DNR | 0      | 0     |       |         |
|                 | 0  | DETSHE,ZINTLE, 137         | MUT    | DNR: DNR | 0      | 0     |       |         |
| <b>Item 95</b>  | <b>14:20 Final Men 25 800m (Seniors)</b>             |                            |        |          |        |       |       |         |
|                 | 1  | NDLOVU,SIYABONGA, 253      | UTR    | 1:50.74  | 8      | 0     | G     |         |
|                 | 2  | MTOLO,MDUMSENI, 263        | WILL   | 1:52.43  | 7      | 0     | S     |         |
|                 | 3  | ZUNGU,MUSAWENKOSI, 126     | INAND  | 1:53.28  | 6      | 0     | B     |         |
|                 | 4  | KUNENE,LETHUKUTHULA, 33    | DDAC   | 1:54.57  | 5      | 0     |       |         |
|                 | 5  | HIGGINS,OWEN, 77           | EPG    | 1:59.63  | 4      | 0     |       |         |
|                 | 6  | MSIBI,WANDILE, 267         | ULUND  | 2:01.99  | 3      | 0     |       |         |
|                 | 0  | SIBIYA,NKOSINATHI, 27      | COS    | DNS: DNS | 0      | 0     |       |         |
|                 | 0  | BREDENKAMP,JOHNATHAN, 206  | TUKS   | DNS: DNS | 0      | 0     |       |         |
| <b>Item 11</b>  | <b>17:25 Heat 1 of 2 Men 25 800m (Seniors)</b>       |                            |        |          |        |       |       |         |
|                 | 1  | SIBIYA,NKOSINATHI, 27      | COS    | 1:55.50  |        | 0     |       |         |
|                 | 2  | BREDENKAMP,JOHNATHAN, 206  | TUKS   | 1:55.59  |        | 0     |       |         |
|                 | 3  | ZUNGU,MUSAWENKOSI, 126     | INAND  | 1:55.99  |        | 0     |       |         |
|                 | 4  | KUNENE,LETHUKUTHULA, 33    | DDAC   | 1:56.32  |        | 0     |       |         |
|                 | 5  | MSIBI,WANDILE, 267         | ULUND  | 1:57.64  |        | 0     |       |         |
|                 | 6  | HIGGINS,OWEN, 77           | EPG    | 1:59.89  |        | 0     |       |         |
|                 | 7  | NDIMANDE,CEBOLENKOSI, 59   | DUT    | 2:07.22  |        | 0     |       |         |
|                 | 8  | BUTHELEZI,NJABULO, 29      | DDAC   | 2:08.04  |        | 0     |       |         |
|                 | 9  | LINDA,MTHOKOZISI, 49       | DUT    | 2:36.83  |        | 0     |       |         |
|                 | 10   | MNGXADI,NKOSINGIPHILE, 56  | DUT    | 2:49.30  |        | 0     |       |         |
|                 | 0  | WATSON,ANDY, 262           | WAC    | DNS: DNS |        | 0     |       |         |
|                 | 0  | ZUNGU,MSAWENKOSI, 177      | PHA    | DNS: DNS |        | 0     |       |         |
|                 | 0  | NGCOBO,ANDILE, 24          | CKS    | DNS: DNS |        | 0     |       |         |

| Age             | Place   | Athlete,Birthdate          | Team  | Perf     | Points | Score | Medal | Records |
|-----------------|---|----------------------------|-------|----------|--------|-------|-------|---------|
| 0               |   | DE SCALLEY,NICHOLAS, 75    | EPG   | DNS: DNS |        | 0     |       |         |
| 0               |   | MLAMBO,SIPHO, 252          | UTR   | DNS: DNS |        | 0     |       |         |
| 0               |   | MAHLAMBI ,SIPHO, 249       | UTR   | DNS: DNS |        | 0     |       |         |
| 0               |   | MAKHAYE,NEO, 52            | DUT   | DNS: DNS |        | 0     |       |         |
| <b>Item 12</b>  | <b>17:25 Heat 2 of 2 Men 25 800m (Seniors)</b>  |                            |       |          |        |       |       |         |
| 1               |   | MTOLO,MDUMSENI, 263        | WILL  | 1:59.75  |        | 0     |       |         |
| 2               |   | NDLOVU,SIYABONGA, 253      | UTR   | 1:59.83  |        | 0     |       |         |
| 3               |   | ZONDO,THULANI, 68          | DUT   | 2:00.34  |        | 0     |       |         |
| 4               |   | PHUNGULA,NGCEBO, 26        | COS   | 2:00.56  |        | 0     |       |         |
| 5               |   | MAJOZI,SANELE, 167         | PHA   | 2:00.61  |        | 0     |       |         |
| 6               |   | HARVEY,SCOTT, 76           | EPG   | 2:01.35  |        | 0     |       |         |
| 7               |   | MALEMBE,MLUNGISI, 53       | DUT   | 2:10.29  |        | 0     |       |         |
| 8               |   | NCALANE,SIZWE, 125         | INAND | 2:30.36  |        | 0     |       |         |
| 0               |   | SBONGAKONKE,ZWANE, 174     | PHA   | DNR: DNR |        | 0     |       |         |
| 0               |   | CHAPMAN,ROSS, 21           | CKS   | DNR: DNR |        | 0     |       |         |
| 0               |   | MYAMBO,ADELO SIPHO, 111    | HOLL  | DNR: DNR |        | 0     |       |         |
| 0               |   | FOLAVIO ,SEHOHLE , 133     | LOW   | DNR: DNR |        | 0     |       |         |
| 0               |   | MADIDE,GOODENOUGH, 51      | DUT   | DNR: DNR |        | 0     |       |         |
| 0               |   | DLAMINI,SABELO, 30         | DDAC  | DNR: DNR |        | 0     |       |         |
| 0               |   | MASENGULA,JOHNSON, 35      | DDAC  | DNR: DNR |        | 0     |       |         |
| <b>Item 93</b>  | <b>14:10 Final Women MixAge 800m (Masters)</b>  |                            |       |          |        |       |       |         |
| 45              | 1   | JAY ,DELIA, 91             | FF    | 2:51.08  | 8      | 0     | G     |         |
| <b>Item 94</b>  | <b>14:15 Final Men MixAge 800m (Masters)</b>    |                            |       |          |        |       |       |         |
| 30              | 1   | MYAMBO,ADELO SIPHO, 111    | HOLL  | 2:23.41  | 8      | 0     | G     |         |
| 40              | 1   | ZULU,SIMPHIWE, 115         | HOLL  | 2:11.02  | 8      | 0     | G     |         |
| 50              | 1   | SMITH,MARK, 85             | ESKAC | 2:58.57  | 8      | 0     | G     |         |
| <b>Item 104</b> | <b>15:50 Final Men 25 1500m (Seniors)</b>       |                            |       |          |        |       |       |         |
| 1               |   | SIBIYA,NKOSINATHI, 27      | COS   | 03:47.21 | 8      | 0     | G     |         |
| 2               |   | NDLOVU,SIYABONGA, 253      | UTR   | 03:50.96 | 7      | 0     | S     |         |
| 3               |   | BREDENKAMP,JOHNATHAN, 206  | TUKS  | 03:51.21 | 6      | 0     | B     |         |
| 4               |   | GOBA,SPHAMANDLA, 184       | ROCK  | 04:15.22 | 5      | 0     |       |         |
| 5               |   | BUTHELEZI,NJABULA, 29      | DDAC  | 04:39.41 | 4      | 0     |       |         |
| 0               |   | SBONGAKONKE,ZWANE, 174     | PHA   | DNS: DNS | 0      | 0     |       |         |
| 0               |   | MBANJWA,SIPHO, 169         | PHA   | DNS: DNS | 0      | 0     |       |         |
| 0               |   | MTOLO,MDUMSENI, 263        | WILL  | DNS: DNS | 0      | 0     |       |         |
| 0               |   | NOTSHUSTHA,PHIWOKUHLE, 264 | WILL  | DNS: DNS | 0      | 0     |       |         |
| 0               |   | MSIBI,WANDILE, 267         | ULUND | DNS: DNS | 0      | 0     |       |         |
| 0               |   | MARIBE,TSHIAMO, 250        | UTR   | DNS: DNS | 0      | 0     |       |         |
| 0               |   | NGWENYA,SABELO, 159        | NEW   | DNF: DNF | 0      | 0     |       |         |
| <b>Item 47</b>  | <b>09:20 Heat 1 of 2 Men 25 1500m (Seniors)</b> |                            |       |          |        |       |       |         |
| 1               |   | SIBIYA,NKOSINATHI, 27      | COS   | 04:00.00 |        | 0     |       |         |
| 2               |   | NOTSHUSTHA,PHIWOKUHLE, 264 | WILL  | 04:00.14 |        | 0     |       |         |
| 3               |   | MARIBE,TSHIAMO, 250        | UTR   | 04:03.98 |        | 0     |       |         |
| 4               |   | BREDENKAMP,JOHNATHAN, 206  | TUKS  | 04:07.26 |        | 0     |       |         |
| 5               |   | GOBA,SPHAMANDLA, 184       | ROCK  | 04:15.32 |        | 0     |       |         |
| 6               |   | MSIBI,WANDILE, 267         | ULUND | 04:15.99 |        | 0     |       |         |
| 7               |   | MAKHAYE,NEO, 52            | DUT   | 04:34.15 |        | 0     |       |         |
| 8               |   | MTHETHWA,WANDILE, 171      | PHA   | 04:44.89 |        | 0     |       |         |
| 0               |   | NGCOBO,ANDILE, 24          | CKS   | DNR: DNR |        | 0     |       |         |
| 0               |   | ZUNGU,MUSAWENKOSI, 126     | INAND | DNR: DNR |        | 0     |       |         |
| 0               |   | ZULU,PHUMLANI, 244         | UOZ   | DNR: DNR |        | 0     |       |         |
| 0               |   | FOLAVIO ,SEHOHLE , 133     | LOW   | DNR: DNR |        | 0     |       |         |
| 0               |   | NDIMANDE,CEBOLENKOSI, 59   | DUT   | DNR: DNR |        | 0     |       |         |
| <b>Item 48</b>  | <b>09:20 Heat 2 of 2 Men 25 1500m (Seniors)</b> |                            |       |          |        |       |       |         |
| 1               |   | MBANJWA,SIPHO, 169         | PHA   | 03:57.09 |        | 0     |       |         |
| 2               |   | NDLOVU,SIYABONGA, 253      | UTR   | 03:57.35 |        | 0     |       |         |
| 3               |   | MTOLO,MDUMSENI, 263        | WILL  | 03:57.41 |        | 0     |       |         |
| 4               |   | SBONGAKONKE,ZWANE, 174     | PHA   | 04:11.89 |        | 0     |       |         |
| 5               |   | NGWENYA,SABELO, 159        | NEW   | 04:13.20 |        | 0     |       |         |



| Age  | Place | Athlete,Birthdate          | Team  | Perf     | Points | Score | Medal | Records |
|--|-------|----------------------------|-------|----------|--------|-------|-------|---------|
| 6  |       | BUTHELEZI,NJABULO, 29      | DDAC  | 04:31.73 |        | 0     |       |         |
| 7  |       | VUMASE,BEN, 242            | UOZ   | 04:36.13 |        | 0     |       |         |
| 8  |       | MZINJANA,KHANYISA, 142     | MUT   | 04:36.31 |        | 0     |       |         |
| 9  |       | NCALANE,SIZWE, 125         | INAND | 04:59.96 |        | 0     |       |         |
| 10   |       | MNGXADI,NKOSINGIPHILE, 56  | DUT   | 05:47.41 |        | 0     |       |         |
| 0  |       | NGOBESE,SICELO, 113        | HOLL  | DNS: DNS |        | 0     |       |         |
| 0  |       | SENZENI,THOMAS , 201       | SPEX  | DNS: DNS |        | 0     |       |         |
| 0  |       | SEITEI,DONALD, 255         | UTR   | DNS: DNS |        | 0     |       |         |
| <b>Item 45 09:00 Final Women MixAge 1500m (Masters)</b>              |       |                            |       |          |        |       |       |         |
| 25   | 1     | MKHIZE,BATHOBILE, 5        | AMAAQ | 04:38.35 | 8      | 0     | G     |         |
| 25   | 2     | BIYELA,NELISWA, 162        | PHA   | 05:06.60 | 7      | 0     | S     |         |
| 25   | 0     | MKHIZE,THOBILE, 6          | AMAAQ | DNS: DNS | 0      | 0     |       |         |
| 25   | 0     | HLONGWANE,SINETHEMBA, 224  | UOZ   | DNS: DNS | 0      | 0     |       |         |
| 25   | 0     | MYENI,ANDISA, 139          | MUT   | DNS: DNS | 0      | 0     |       |         |
| 40   | 0     | MALEMBE,LINDA, 392         | INA   | DNS: DNS | 0      | 0     |       |         |
| 50   | 1     | SIGUBUDU,NANA, 116         | INA   | 06:16.74 | 8      | 0     | G     |         |
| 55   | 0     | ZONDI,CYNTHIA, 117         | INA   | DNS: DNS | 0      | 0     |       |         |
| 60   | 1     | FISCHER,LYNETTE, 179       | PHO   | 06:01.53 | 8      | 0     | G     |         |
| 60   | 2     | CERONIO,MARIETJIE, 256     | VAC   | 06:03.24 | 7      | 0     | S     |         |
| <b>Item 46 09:10 Final Men MixAge 1500m (Masters)</b>                |       |                            |       |          |        |       |       |         |
| 25   | 0     | ZUNGU,MTHOKOZISI, 120      | INA   | DNS: DNS | 0      | 0     |       |         |
| 30   | 1     | MYAMBO,ADELO SIPHO, 111    | HOLL  | 04:41.02 | 8      | 0     | G     |         |
| 35   | 1     | MAGWA,LONWABO, 124         | INAND | 04:51.41 | 8      | 0     | G     |         |
| 40   | 1     | ZULU,SIMPHIWE, 115         | HOLL  | 04:08.62 | 8      | 0     | G     |         |
| 45   | 1     | PHAKU,THUBALETHE, 64       | DUT   | 05:08.30 | 8      | 0     | G     |         |
| 50   | 1     | SMITH,MARK, 85             | ESKAC | 05:48.03 | 8      | 0     | G     |         |
| <b>Item 97 14:35 Final Women MixAge 5000m (Senior &amp; Masters)</b> |       |                            |       |          |        |       |       |         |
| 25   | 1     | MKHIZE,THOBILE, 6          | AMAAQ | 16:36.89 | 8      | 0     | G     |         |
| 25   | 2     | MKHIZE,BATHOBILE, 5        | AMAAQ | 17:26.89 | 7      | 0     | S     |         |
| 25   | 3     | MKHIZE,HAPPINESS, 190      | SAVAC | 18:19.74 | 6      | 0     | B     |         |
| 25   | 0     | BIYELA,NELISWA, 162        | PHA   | DNS: DNS | 0      | 0     |       |         |
| 25   | 0     | IKALOFENG,RAPULE, 118      | INA   | DNS: DNS | 0      | 0     |       |         |
| 25   | 0     | THABEDE,NOKWANDA, 231      | UOZ   | DNS: DNS | 0      | 0     |       |         |
| 25   | 0     | MJOLI,NWABISA, 110         | HOLL  | DNS: DNS | 0      | 0     |       |         |
| 25   | 0     | MKHIZE,NONTOKOZO , 8       | ART   | DNS: DNS | 0      | 0     |       |         |
| 25   | 0     | SHOZI,SIYETHEMBA, 48       | DUT   | DNS: DNS | 0      | 0     |       |         |
| 25   | 0     | MTSHALI,NOKUKHANYA, 134    | MAC   | DNS: DNS | 0      | 0     |       |         |
| 25   | 0     | MYENI,ANDISA, 139          | MUT   | DNS: DNS | 0      | 0     |       |         |
| 40   | 0     | MALEMBE,LINDA, 392         | INA   | DNS: DNS | 0      | 0     |       |         |
| 50   | 0     | SIGUBUDU,NANA, 116         | INA   | DNS: DNS | 0      | 0     |       |         |
| 60   | 1     | CERONIO,MARIETJIE, 256     | VAC   | 22:25.13 | 8      | 0     | G     |         |
| <b>Item 98 15:00 Final Men MixAge 5000m (Senior &amp; Masters)</b>   |       |                            |       |          |        |       |       |         |
| 25   | 1     | MATHANGA,MBULELLI, 168     | PHA   | 13:53.26 | 8      | 0     | G     |         |
| 25   | 2     | NAMAKOE,NKASI, 396         | NED   | 14:07.90 | 7      | 0     | S     |         |
| 25   | 3     | MBANJWA,SIPHO, 169         | PHA   | 14:31.64 | 6      | 0     | B     |         |
| 25   | 4     | MARIBE,TSHIAMO, 250        | UTR   | 14:51.21 | 5      | 0     |       |         |
| 25   | 5     | NOTSHUSTHA,PHIWOKUHLE, 264 | WILL  | 15:14.21 | 4      | 0     |       |         |
| 25   | 6     | RAMPA,THATO, 37            | DDAC  | 15:24.40 | 3      | 0     |       |         |
| 25   | 7     | VUSANI,APHENDWIE, 243      | UOZ   | 15:41.61 | 2      | 0     |       |         |
| 25   | 8     | MNDABA,NKOSINATHI, 170     | PHA   | 15:42.13 | 1      | 0     |       |         |
| 25   | 9     | KHAMBULE,THULISANG, 165    | PHA   | 15:52.75 | 0      | 0     |       |         |
| 25   | 10    | MATHE,MZWANDILE, 185       | ROCK  | 15:59.28 | 0      | 0     |       |         |
| 25   | 11    | RAPULA,IKALAFENG, 147      | INA   | 16:25.96 | 0      | 0     |       |         |
| 25   | 12    | CEBO,KHATHI, 163           | PHA   | 16:44.97 | 0      | 0     |       |         |
| 25   | 13    | ZUKULU,NTOKOZO, 69         | DUT   | 16:46.75 | 0      | 0     |       |         |
| 25   | 14    | NGWENYA,SABELO, 159        | NEW   | 16:55.68 | 0      | 0     |       |         |
| 25   | 15    | MZINJANA,KHANYISA, 142     | MUT   | 16:58.57 | 0      | 0     |       |         |
| 25   | 16    | NGCOBO,SINOVUYO, 132       | LIVS  | 17:00.70 | 0      | 0     |       |         |
| 25   | 17    | GAMA,SABELA, 149           | NEW   | 17:26.97 | 0      | 0     |       |         |

| Age            | Place   | Athlete,Birthdate          | Team   | Perf     | Points | Score | Medal | Records |
|----------------|---|----------------------------|--------|----------|--------|-------|-------|---------|
| 25             | 18  | SENZENI,THOMAS , 201       | SPEX   | 17:36.12 | 0      | 0     |       |         |
| 25             | 19  | MANTSHI,ELAJAH, 236        | UOZ    | 17:45.87 | 0      | 0     |       |         |
| 25             | 20  | MTHETHWA,SPHAMANDLA, 186   | ROCK   | 17:53.77 | 0      | 0     |       |         |
| 25             | 21  | ZWANE,SIMPHIWE, 144        | MUT    | 21:24.85 | 0      | 0     |       |         |
| 25             | 22  | MVELASE,SANELE, 58         | DUT    | 21:36.59 | 0      | 0     |       |         |
| 30             | 1   | MYAMBO,ADELO SIPHO, 111    | HOLL   | 18:46.30 | 8      | 0     | G     |         |
| 35             | 1   | MAGWA,LONWABO, 124         | INAND  | 18:42.29 | 8      | 0     | G     |         |
| 40             | 1   | ZULU,SIMPHIWE, 115         | HOLL   | 15:03.23 | 8      | 0     | G     |         |
| 49             | 1   | VERSTER,RONNIE, 261        | WAC    | 22:37.74 | 8      | 0     | G     |         |
| <b>Item 27</b> | <b>19:00 Final Women MixAge 10000m (Seniors &amp; Masters)</b>      |                            |        |          |        |       |       |         |
| 25             | 1   | SOSIBO,CACISILE, 246       | UTR    | 34:50.02 | 8      | 0     | G     |         |
| 25             | 2   | MJOLI,NWABISA, 110         | HOLL   | 35:59.09 | 7      | 0     | S     |         |
| 25             | 3   | MKHIZE,NONTOKOZO , 8       | ART    | 37:34.96 | 6      | 0     | B     |         |
| 25             | 4   | NJUNGUZA,ANDISIWE, 46      | DUT    | 39:22.67 | 5      | 0     |       |         |
| 25             | 5   | GCINA,NONTHANDIWA, 222     | UMZ    | 41:41.43 | 4      | 0     |       |         |
| 25             | 0   | THABEDE,NOKWANDA, 231      | UOZ    | DNR: DNR | 0      | 0     |       |         |
| 40             | 1   | MALEMBE,LINDA, 392         | INA    | 01:01.11 | 8      | 0     | G     |         |
| <b>Item 28</b> | <b>19:00 Final Men MixAge 10000m (Seniors &amp; Masters)</b>        |                            |        |          |        |       |       |         |
| 25             | 1   | MATHANGA,MBULELI, 168      | PHA    | 28:37.30 | 8      | 0     | G     |         |
| 25             | 2   | SEUTLOALI,KHWARAHLANE, 395 | NED    | 28:47.60 | 7      | 0     | S     |         |
| 25             | 3   | TOKA,BADBOY, 176           | PHA    | 28:48.30 | 6      | 0     | B     |         |
| 25             | 4   | NAMAKOE,NKASI, 396         | NED    | 29:28.60 | 5      | 0     |       |         |
| 25             | 5   | MNCUBE,AYANDA, 88          | EAC    | 30:11.33 | 4      | 0     |       |         |
| 25             | 6   | NGCOBO,AYANDA, 172         | PHA    | 30:19.90 | 3      | 0     |       |         |
| 25             | 7   | SOKHELA,NDUMISO , 114      | HOLL   | 30:50.95 | 2      | 0     |       |         |
| 25             | 8   | THOBANI ,CHAGWE, 397       | NED    | 31:10.88 | 1      | 0     |       |         |
| <b>Item 88</b> | <b>13:35 Final Women MixAge 2000m SteepleChase (Masters 30)</b>     |                            |        |          |        |       |       |         |
| 25             | 1   | RADEMAN,ISABEL, 14         | BBAC   | 13:39.49 | 8      | 0     | G     |         |
| 60             | 1   | FISCHER,LYNETTE, 179       | PHO    | 09:24.44 | 8      | 0     | G     |         |
| <b>Item 89</b> | <b>13:45 Final Men MixAge 2000m SteepleChase (Masters 60+)</b>      |                            |        |          |        |       |       |         |
| <b>Item 43</b> | <b>08:30 Final Women MixAge 3000m SteepleChase (Snr &amp; Mas)</b>  |                            |        |          |        |       |       |         |
| 25             | 1   | FISCHER,CARLYN, 180        | PHO    | 11:32.91 | 8      | 0     | G     |         |
| 25             | 0   | MKHIZE,THOBILE, 6          | AMAAQ  | DNS: DNS | 0      | 0     |       |         |
| <b>Item 82</b> | <b>13:20 Final Men MixAge 3000m SteepleChase (Senior)</b>           |                            |        |          |        |       |       |         |
| 25             | 1   | NGCOBO,AYANDA, 172         | PHA    | 09:00.97 | 8      | 0     | G     |         |
| 25             | 2   | RAMPA,THATO, 37            | DDAC   | 09:14.86 | 7      | 0     | S     |         |
| 25             | 3   | MAZIBUKO , MTHOKOZISI, 197 | SPEX   | 09:23.06 | 6      | 0     | B     |         |
| 25             | 4   | MKHWANAZI,BONGELENI, 394   | INA    | 09:51.73 | 5      | 0     |       |         |
| 25             | 5   | MANGUZELA,SAKHIWO, 192     | SAVAC  | 09:56.50 | 4      | 0     |       |         |
| 25             | 6   | SPHESIHLE,MGAGA, 389       | OGWINI | 10:38.89 | 3      | 0     |       |         |
| 25             | 0   | GUMEDE,HLONIPHANI, 384     | OGWINI | DNR: DNR | 0      | 0     |       |         |
| 25             | 0   | MNDABA,NKOSINATHI, 170     | PHA    | DNR: DNR | 0      | 0     |       |         |
| 25             | 0   | MAJOLA,PHILANI, 131        | LIVS   | DNR: DNR | 0      | 0     |       |         |
| 25             | 0   | NTULI,JOHANNES, 187        | ROCK   | DNR: DNR | 0      | 0     |       |         |
| 35             | 1   | MASONDO,SIPHESIHLE, 251    | UTR    | 09:23.61 | 8      | 0     | G     |         |
| 35             | 2   | MAGWA,LONWABO, 124         | INAND  | 11:40.07 | 7      | 0     | S     |         |
| <b>Item 73</b> | <b>12:50 Final Men MixAge 100m Hurdles (Masters 50+)</b>            |                            |        |          |        |       |       |         |
| <b>Item 74</b> | <b>13:00 Final Men MixAge 110m Hurdles (Senior &amp; Masters -</b>  |                            |        |          |        |       |       |         |
| <b>Item 49</b> | <b>09:25 Final Women MixAge 200m Hurdles (Masters 70+)</b>          |                            |        |          |        |       |       |         |
| <b>Item 51</b> | <b>09:30 Final Men MixAge 200m Hurdles (Masters 80+)</b>            |                            |        |          |        |       |       |         |
| 80             | 1   | MIEKAUTSCH,HANS, 130       | KPAC   | 47.89    | 8      | 0     | G     |         |
| <b>Item 25</b> | <b>18:40 Final Women MixAge 300m Hurdles (Masters 50-69)</b>        |                            |        |          |        |       |       |         |
| 50             | 1   | SIGUBUDU,NANA, 116         | INA    | 75.68    | 8      | 0     | G     |         |
| <b>Item 26</b> | <b>18:50 Final Men MixAge 300m Hurdles (Masters 50+)</b>            |                            |        |          |        |       |       |         |
| <b>Item 52</b> | <b>09:40 Final Women MixAge 400m Hurdles (Senior &amp; Masters)</b> |                            |        |          |        |       |       |         |

| Age            | Place   | Athlete,Birthdate               | Team   | Perf     | Points | Score | Medal | Records |
|----------------|---|---------------------------------|--------|----------|--------|-------|-------|---------|
| 25             | 1   | SIBISI,THENJIWE, 28             | DDAC   | 1:06.00  | 8      | 0     | G     |         |
| 25             | 2   | SCHUTTE,BEA-MARIE, 94           | FF     | 1:07.68  | 7      | 0     | S     |         |
| 25             | 3   | ZULU,NOMCEBO, 95                | FF     | 1:17.17  | 6      | 0     | B     |         |
| 25             | 4   | RADEMAN,ISABEL, 14              | BBAC   | 1:42.48  | 5      | 0     |       |         |
| <b>Item 53</b> | <b>09:55 Final Men MixAge 400m Hurdles (Senior &amp; Masters)</b> |                                 |        |          |        |       |       |         |
| 25             | 1   | KOEKEMOER,PIETER, 99            | FF     | 0:56.58  | 8      | 0     | G     |         |
| 25             | 2   | KUNENE,LETHUKUTHULA, 33         | DDAC   | 0:57.47  | 7      | 0     | S     |         |
| 25             | 3   | NGOBESE,SPHELELE, 254           | UTR    | 0:58.11  | 6      | 0     | B     |         |
| 40             | 1   | VOSLOO,RIAAAN, 3                | AMA    | 1:02.44  | 8      | 0     | G     |         |
| <b>Item 50</b> | <b>09:30 Final Women MixAge HighJump (Senior &amp; Masters)</b>   |                                 |        |          |        |       |       |         |
| <b>Item 81</b> | <b>13:20 Final Men MixAge HighJump (Seniors &amp; Masters)</b>    |                                 |        |          |        |       |       |         |
| 25             | 1   | VALLY,USAAMAH, 212              | UKZN   | 1.90     | 8      | 0     | G     |         |
| 25             | 2   | MNCUBE,MBUSO, 36                | DDAC   | 1.75     | 7      | 0     | S     |         |
| 25             | 3   | THWALA,SIPHEPELO, 83            | EHAC   | 1.75     | 6      | 0     | B     |         |
| 25             | 4   | DEL VALLE ZUMETA,ABEL, 2        | AMA    | 1.70     | 5      | 0     |       |         |
| 25             | 5   | FUNJWA,SIPHIWE, 148             | NEW    | 1.60     | 4      | 0     |       |         |
| 25             | 0   | MHLONGO T46,QINISO T46, 127     | IND    | DNS: DNS | 0      | 0     |       |         |
| 60             | 6   | GROVE,PEET, 381                 | KPAC   | 1.35     | 3      | 0     |       |         |
| 80             | 0   | MIEKAUTSCH,HANS, 130            | KPAC   | DNS: DNS | 0      | 0     |       |         |
| <b>Item 72</b> | <b>12:30 Final Women MixAge LongJump (Senior &amp; Masters)</b>   |                                 |        |          |        |       |       |         |
| 19             | 1   | VAN DER WESTHUIZEN,NOSIPHO, 247 | UTR    | 4.30     | 8      | 0     | G     | +3.6    |
| 25             | 1   | RADEMAN,ISABEL, 14              | BBAC   | 3.76     | 8      | 0     | G     | +3.0    |
| 25             | 0   | PRETORIUS,STACEY, 183           | RBAC   | DNR: DNR | 0      | 0     |       |         |
| 25             | 0   | MTHEMBU,NOKUBONGWA, 81          | EHAC   | DNR: DNR | 0      | 0     |       |         |
| 25             | 0   | MHLONGO,SHEREEN, 80             | EHAC   | DNR: DNR | 0      | 0     |       |         |
| 49             | 1   | OGRAM,ROSLYN, 93                | FF     | 3.98     | 8      | 0     | G     | +2.6    |
| 55             | 1   | ZONDI,CYNTHIA, 117              | INA    | 2.30     | 8      | 0     | G     | +1.7    |
| <b>Item 44</b> | <b>09:00 Final Men MixAge LongJump (Senior &amp; Masters)</b>     |                                 |        |          |        |       |       |         |
| 25             | 1   | GAINES,MARK, 214                | UKZNAC | 7.11     | 8      | 0     | G     | +1.8    |
| 25             | 2   | MABASO,KHANYISANI, 50           | DUT    | 6.96     | 7      | 0     | S     | +2.4    |
| 25             | 3   | THWALA,SIPHEPELO, 83            | EHAC   | 6.03     | 6      | 0     | B     | +1.6    |
| 25             | 4   | FUNJWA,SIPHIWE, 148             | NEW    | 5.23     | 5      | 0     |       | +1.4    |
| 25             | 5   | MHLONGO T46,QINISO T46, 127     | IND    | 5.13     | 4      | 0     |       | +2.2    |
| 25             | 6   | JANSEN,MORNE, 15                | BBAC   | 4.92     | 3      | 0     |       | +0.7    |
| 25             | 0   | MKHONZA,SIBUSISO, 156           | NEW    | DNR: DNR | 0      | 0     |       |         |
| 25             | 0   | HLATSHWAYO,MILDO, 155           | NEW    | DNR: DNR | 0      | 0     |       |         |
| 25             | 0   | BERU,JOASH, 208                 | UKZN   | DNR: DNR | 0      | 0     |       |         |
| 25             | 0   | USAAMAH,VALLY, 216              | UKZNAC | DNR: DNR | 0      | 0     |       |         |
| 25             | 0   | KHANYILE,DAVID, 140             | MUT    | DNR: DNR | 0      | 0     |       |         |
| 49             | 1   | OGRAM,EDMOND, 383               | FF     | 4.97     | 8      | 0     | G     | +1.4    |
| 50             | 0   | ZONDI,PRINCE, 104               | FF     | DNR: DNR | 0      | 0     |       |         |
| <b>Item 15</b> | <b>17:30 Final Men MixAge TripleJump (Seniors &amp; Masters)</b>  |                                 |        |          |        |       |       |         |
| 25             | 0   | DLAMINI,SIYANDA, 82             | EHAC   | DNR: DNR | 0      | 0     |       |         |
| <b>Item 61</b> | <b>11:00 Final Women MixAge Shotput (Senior &amp; Masters)</b>    |                                 |        |          |        |       |       |         |
| 25             | 1   | MAZIBUKO,SNETHEMBA, 245         | UTR    | 07.30    | 8      | 0     | G     |         |
| 59             | 1   | RAWLINS,VALERY-ANN, 40          | DAC    | 05.00    | 8      | 0     | G     |         |
| 69             | 1   | JACOBS,MARLENE, 105             | FY     | 06.66    | 8      | 0     | G     |         |
| 70             | 1   | DU BRUYN,SUSAN, 207             | UGU    | 07.15    | 8      | 0     | G     |         |
| 75             | 1   | RZEPECKA,JANA, 12               | AN     | 06.35    | 8      | 0     | G     |         |
| <b>Item 54</b> | <b>10:00 Final Men MixAge Shotput (Seniors &amp; Masters)</b>     |                                 |        |          |        |       |       |         |
| 40             | 1   | SCHUSTER,OTTO, 188              | SANDF  | 09.75    | 8      | 0     | G     |         |
| 59             | 1   | VAN DER WESTHUIZEN,EUGENE, 161  | PAC    | 06.00    | 8      | 0     | G     |         |
| 70             | 1   | WATSON,ANDY, 262                | WAC    | 09.39    | 8      | 0     | G     |         |
| 80             | 1   | RZEPECKI,ANDRZEJ, 13            | AN     | 10.35    | 8      | 0     | G     |         |
| <b>Item 14</b> | <b>17:30 Final Women MixAge Discus (Seniors &amp; Masters)</b>    |                                 |        |          |        |       |       |         |
| 25             | 0   | MAZIBUKO,SNETHEMBA, 245         | UTR    | DNS: DNS | 0      | 0     |       |         |
| 59             | 1   | RAWLINS,VALERY-ANN, 40          | DAC    | 13.45    | 8      | 0     | G     |         |
| 69             | 1   | JACOBS,MARLENE, 105             | FY     | 17.11    | 8      | 0     | G     |         |

| Age  | Place | Athlete,Birthdate              | Team  | Perf       | Points | Score | Medal | Records |
|--|-------|--------------------------------|-------|------------|--------|-------|-------|---------|
| 70   | 1     | DU BRUYN,SUSAN, 207            | UGU   | 17.33      | 8      | 0     | G     |         |
| 75   | 1     | RZEPECKA,JANA, 12              | AN    | 14.63      | 8      | 0     | G     |         |
| <b>Item 13 17:30 Final Men MixAge Discus (Seniors &amp; Masters)</b>         |       |                                |       |            |        |       |       |         |
| 25   | 1     | MTHABELA,LUNGISANI, 157        | NEW   | 29.67      | 8      | 0     | G     |         |
| 25   | 0     | DLAMINI,SIYANDA, 82            | EHAC  | DNS: DNS   | 0      | 0     |       |         |
| 40   | 0     | SCHUSTER,OTTO, 188             | SANDF | DNS: DNS   | 0      | 0     |       |         |
| 59   | 1     | VAN DER WESTHUIZEN,EUGENE, 161 | PAC   | 14.73      | 8      | 0     | G     |         |
| 70   | 1     | WATSON,ANDY, 262               | WAC   | 24.47      | 8      | 0     | G     |         |
| 80   | 1     | RZEPECKI,ANDRZEJ, 13           | AN    | 26.23      | 8      | 0     | G     |         |
| <b>Item 23 18:30 Final Women MixAge Hammer (Seniors &amp; Masters)</b>       |       |                                |       |            |        |       |       |         |
| 59   | 1     | RAWLINS,VALERY-ANN, 40         | DAC   | 12.85      | 8      | 0     | G     |         |
| 69   | 1     | JACOBS,MARLENE, 105            | FY    | 20.71      | 8      | 0     | G     |         |
| 70   | 1     | DU BRUYN,SUSAN, 207            | UGU   | 19.04      | 8      | 0     | G     |         |
| <b>Item 24 18:30 Final Men MixAge Hammer (Seniors &amp; Masters)</b>         |       |                                |       |            |        |       |       |         |
| 80   | 1     | RZEPECKI,ANDRZEJ, 13           | AN    | 40.31      | 8      | 0     | G     |         |
| <b>Item 96 14:30 Final Women MixAge Javelin (Senior &amp; Masters)</b>       |       |                                |       |            |        |       |       |         |
| 59   | 1     | RAWLINS,VALERY-ANN, 40         | DAC   | 09.15      | 8      | 0     | G     |         |
| <b>Item 80 13:20 Final Men MixAge Javelin (Senior &amp; Masters)</b>         |       |                                |       |            |        |       |       |         |
| 25   | 1     | JOUBERT,MATTHEW, 23            | CKS   | 61.92      | 8      | 0     | G     |         |
| 25   | 2     | MTHABELA,LUNGISANI, 157        | NEW   | 50.44      | 7      | 0     | S     |         |
| 25   | 0     | MADIDE,GOODENOUGH, 51          | DUT   | DNS: DNS   | 0      | 0     |       |         |
| 40   | 1     | SCHUSTER,OTTO, 188             | SANDF | 33.61      | 8      | 0     | G     |         |
| 60   | 1     | OELOFSE,WALTER, 108            | FYAC  | 29.70      | 8      | 0     | G     |         |
| 70   | 1     | WATSON,ANDY, 262               | WAC   | 26.79      | 8      | 0     | G     |         |
| 80   | 0     | RZEPECKI,ANDRZEJ, 13           | AN    | DNS: DNS   | 0      | 0     |       |         |
| <b>Item 55 10:00 Final Women MixAge Weight (Masters)</b>                     |       |                                |       |            |        |       |       |         |
| 59   | 1     | RAWLINS,VALERY-ANN, 40         | DAC   | 04.66      | 8      | 0     | G     |         |
| 69   | 1     | JACOBS,MARLENE, 105            | FY    | 08.63      | 8      | 0     | G     |         |
| 70   | 1     | DU BRUYN,SUSAN, 207            | UGU   | 08.13      | 8      | 0     | G     |         |
| <b>Item 42 08:00 Final Men MixAge Weight (Masters)</b>                       |       |                                |       |            |        |       |       |         |
| 40   | 1     | SCHUSTER,OTTO, 188             | SANDF | 08.52      | 8      | 0     | G     |         |
| 59   | 1     | VAN DER WESTHUIZEN,EUGENE, 161 | PAC   | 05.71      | 8      | 0     | G     |         |
| 80   | 1     | RZEPECKI,ANDRZEJ, 13           | AN    | 17.90      | 8      | 0     | G     |         |
| <b>Item 107 16:10 Final Women 25 4X100m Relay (Seniors)</b>                  |       |                                |       |            |        |       |       |         |
| <b>Item 110 16:40 Final Men 25 4X100m Relay (Seniors)</b>                    |       |                                |       |            |        |       |       |         |
| <b>Item 108 16:20 Final Women MixAge 4X100m Relay (Seniors &amp; Master)</b> |       |                                |       |            |        |       |       |         |
| <b>Item 109 16:30 Final Men MixAge 4X100m Relay (Seniors &amp; Masters)</b>  |       |                                |       |            |        |       |       |         |
| <b>Item 17 17:35 Final Women MixAge 5km Walk (Seniors &amp; Masters)</b>     |       |                                |       |            |        |       |       |         |
| 50   | 1     | LE FEBOUR,JEANINE, 181         | PDAC  | 33:11.53   | 8      | 0     | G     |         |
| 59   | 1     | TROLL,SHARON, 203              | STAC  | 33:57.10   | 8      | 0     | G     |         |
| 60   | 1     | SMITH,SUE, 260                 | WAC   | 31:42.01   | 8      | 0     | G     |         |
| 60   | 0     | VAN ZYL,MARIE, 107             | FYAC  | DNS: DNS   | 0      | 0     |       |         |
| 65   | 1     | SMOOK,MANDA, 17                | CGDAC | 34:37.97   | 8      | 0     | G     |         |
| <b>Item 16 17:35 Final Men MixAge 5km Walk (Seniors &amp; Masters)</b>       |       |                                |       |            |        |       |       |         |
| 55   | 1     | AFRICA,OXLEY, 16               | BOX   | 28:00.14   | 8      | 0     | G     |         |
| 60   | 0     | OELOFSE,WALTER, 108            | FYAC  | DNR: DNR   | 0      | 0     |       |         |
| 65   | 1     | SMOOK,HENDRY, 18               | CGDAC | 34:37.00   | 8      | 0     | G     |         |
| 69   | 1     | WILLIAMS,LES, 79               | EPG   | 32:29.85   | 8      | 0     | G     |         |
| 80   | 1     | ROWE,JACK, 182                 | RAC   | 39:52.78   | 8      | 0     | G     |         |
| <b>Item 37 05:00 Final Women MixAge 10km Walk (Masters)</b>                  |       |                                |       |            |        |       |       |         |
| 50   | 1     | LE FEBOUR,JEANINE, 181         | PDAC  | 1:11:03.00 | 8      | 0     | G     |         |
| 50   | 3     | MEMELA,KHETHIWE, 145           | NED   | 1:24:48.00 | 6      | 0     | B     |         |
| 59   | 2     | TROLL,SHARON, 203              | STAC  | 1:14:58.00 | 7      | 0     | S     |         |
| <b>Item 38 05:00 Final Men MixAge 10km Walk (Masters)</b>                    |       |                                |       |            |        |       |       |         |
| 25   | 1     | MEMELA,PHELELANI, 219          | UDAC  | 0:53:43.00 | 8      | 0     | G     |         |

| Age | Place | Athlete,Birthdate       | Team | Perf       | Points | Score | Medal | Records |
|-----|-------|-------------------------|------|------------|--------|-------|-------|---------|
| 25  | 2     | MNYANDU,SIPHESIHLE, 221 | UDAC | 1:03:20.00 | 7      | 0     | S     |         |
| 80  | 1     | ROWE,JACK, 182          | RAC  | 1:25:07.00 | 8      | 0     | G     |         |

**Item 36 05:00 Final Women MixAge 20km Walk (Seniors & Masters)****Item 35 05:00 Final Men MixAge 20km Walk (Senior & Masters)**

|    |   |                          |       |            |   |   |   |  |
|----|---|--------------------------|-------|------------|---|---|---|--|
| 25 | 1 | NDEBELE,SIZWE, 194       | SAVAC | 0:01:32.35 | 8 | 0 | G |  |
| 25 | 2 | MAHLANGU,AARON, 191      | SAVAC | 0:01:39.36 | 7 | 0 | S |  |
| 25 | 3 | NTOMBELA,LINDOKUHLE, 268 | UAC   | 0:01:40.00 | 6 | 0 | B |  |
| 25 | 4 | MDUNGE,VUKANI, 193       | SAVAC | 0:01:41.40 | 5 | 0 |   |  |
| 25 | 5 | XIMBA,ANDILE, 269        | UAC   | 0:01:48.35 | 4 | 0 |   |  |
| 30 | 1 | HADEBE,THAMI, 400        | MTAC  | 0:01:58.55 | 8 | 0 | G |  |

**Item 39 05:00 Final Women MixAge 30km Walk**

|    |   |                    |      |            |   |   |   |  |
|----|---|--------------------|------|------------|---|---|---|--|
| 30 | 1 | VIDINIA,PHINDILE,  | MEAC | 3:57:26.00 | 8 | 0 | G |  |
| 40 | 1 | MALEMBE,LINDA, 392 | INA  | 3:20:15.00 | 8 | 0 | G |  |

**Item 40 05:00 Final Men MixAge 30km Walk****Item 34 05:00 Final Women MixAge 50km Walk (Masters)****Item 41 05:00 Final Men MixAge 50km Walk (Masters)**

|    |   |                  |     |     |   |   |  |  |
|----|---|------------------|-----|-----|---|---|--|--|
| 55 | 0 | AFRICA,OXLEY, 16 | BOX | DNF | 0 | 0 |  |  |
|----|---|------------------|-----|-----|---|---|--|--|