



**46TH FREE STATE MASTERS ATHLETICS
TRACK & FIELD CHAMPIONSHIP
RELAY ENTRY FORM**

**Saturday, 10 November 2018
Mangaung Athletics Stadium, Bloemfontein**

CLOSING DATE: **Entries will be allowed on the day of the competition!**

Contact person: _____ **Cell no:** _____

Age groups: U16, 16-17 yrs, 18-19 yrs, open (20-29 yrs), masters (30-99 yrs), no age restriction

Relay:	4x400m Women	Relay:	4x400m Men
Age group:		Age group:	
Team name:		Team name:	
Position 1:		Position 1:	
Position 2:		Position 2:	
Position 3:		Position 3:	
Position 4:		Position 4:	
Relay:	4x100m Women	Relay:	4x100m Men
Age group:		Age group:	
Team name:		Team name:	
Position 1:		Position 1:	
Position 2:		Position 2:	
Position 3:		Position 3:	
Position 4:		Position 4:	
Relay:	4x100m Mixed (2 men, 2 women)		
Age group:			
Team name:			
Position 1:			
Position 2:			
Position 3:			
Position 4:			

To receive medals an entry fee of R100-00 per team is payable:

Relays – medals	R100-00	X		R
Relays – no medals			R0-00	R
TOTAL				R

Banking Details	Fax/e-mail entry & deposit slip to:	Contact Persons	Postal address
Masters Athletics Free State Nedbank Savings Account No: 2011284945 Branch Code: 198765	Fax: 086 535 8509 or E-mail address: vrystaatmeestersatletiek@gmail.com Reference: Name and Surname	Dinah Heymans Cell: 084 580 2903 Henk le Roux Cell: 072 179 0737	Free State Masters Athletics 19 Coetzee Street, Fichardt Park, 9317