

**2015 Gauteng North Masters Champs - 4/4/2015 - Pilditch Stadium - Pretoria**

**\*\*\* Results Men \*\*\***

**5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Du Preez, Merwe	M35 Vaal Triangle	27:53.32	65.63%
1 Kruger, Tjaan	M40 Gnm	36:04.63	52.42%
1 De Klerk, Bennet	M45 North West North	28:13.55	69.71%
1 Britz, Chris	M50 Gnm	25:32.75	80.27%
2 Phillips, Kevin	M50 CGA	25:48.61	79.44%
3 Oosthuizen, Frans	M50 Gnm	27:47.08	73.80%
4 Venter, Fanie	M50 Gnm	30:17.44	67.69%
5 Thwamlaka, Teboho	M50 North West North	30:56.15	66.28%
6 Hanekom, Eddie	M50 Gnm	34:46.65	58.96%
1 Bosman, Marius	M55 Gnm	28:29.75	75.12%
2 Coetzee, Johann	M55 Gnm	29:05.15	73.60%
3 Willemse, Jaap	M55 Gnm	29:16.77	73.11%
4 Bester, Jan	M55 Gnm	30:59.33	69.08%
1 Patterson, Ray	M60 Gnm	28:39.03	78.30%
2 Callaghan, Chris	M60 Gnm	30:39.44	73.17%
3 Zalani, Stephen	M60 CGA	42:03.47	53.34%
1 Smook, Hendry	M65 Free State	34:42.30	68.09%
1 van den Raad, Gerard	M70 Gnm	31:40.27	79.09%
2 Meaker, Frank	M70 Gnm	40:43.10	61.52%
1 De Klerk, Cas	M75 North West North	41:19.78	64.68%
2 Muir, Neville	M75 Gnm	43:41.53	61.19%
1 Van de Venter, John	M85 Gnm	45:31.97	68.65%

**5000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Mogatle, Kagiso	M40 North West North	16:36.45	80.38%
2 Roos, Gustav	M40 CGA	16:40.07	80.09%
3 Rampi, Mokhoa	M40 North West North	18:41.49	71.42%
1 Botsale, Zacharia	M45 North West North	19:02.59	72.81%
2 De Beer, Solomon	M45 CGA	19:02.74	72.80%
3 De Villiers, Dawie	M45 Gnm	19:39.34	70.54%
1 Wooldridge, Arthur	M50 CGA	18:30.13	77.96%
2 Kallmeyer, Moritz	M50 Gnm	21:38.85	66.63%
1 Venter, Dirk	M55 CGA	21:23.61	70.25%
2 Cloete, Fanie	M55 Gnm	27:03.78	55.53%
1 Nurden, Ken	M80 Gnm	24:45.73	83.01%

**3000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 De Klerk, Bennet	M45 North West North	16:35.54	69.66%
1 Oosthuizen, Frans	M50 Gnm	15:43.16	76.64%
2 Thwamlaka, Teboho	M50 North West North	18:24.93	65.42%
1 Callaghan, Chris	M60 Gnm	18:06.76	72.81%
1 van den Raad, Gerard	M70 Gnm	18:08.50	81.13%
1 Grobler, Frans	M80 Gnm	28:28.38	59.26%

**3000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Kapp, Karel	M30 Gnm	10:12.60	72.00%
1 Skosan, Franklin	M35 Gnm	14:16.30	52.50%
1 Mbofana, Martin	M40 Zimbabwe	10:31.50	73.72%
1 De Villiers, Dawie	M45 Gnm	12:28.37	64.62%
1 Oosthuizen, Frans	M50 Gnm	11:44.75	71.38%
1 Muir, Neville	M75 Gnm	26:28.50	40.69%

<b>3000 Meter Steeplechase</b>			
<b>Name</b>	<b>Age Team</b>	<b>Finals</b>	<b>Age-Grading</b>
1 Bronkhorst, Willie	M45 Gnm	11:41.40	77.23%
1 Wooldridge, Arthur	M50 CGA	12:50.90	73.41%
2 Du Toit, Andre	M50 Gnm	13:15.30	71.16%
1 Venter, Dirk	M55 CGA	13:43.90	71.63%
<b>2000 Meter Steeplechase</b>			
<b>Name</b>	<b>Age Team</b>	<b>Finals</b>	<b>Age-Grading</b>
1 De Kock, Bobby	M70 Free State	14:14.01	56.30%
<b>1500 Meter Run</b>			
<b>Name</b>	<b>Age Team</b>	<b>Finals</b>	<b>Age-Grading</b>
1 Da Silva, Gavin	M30 CGA	4:37.23	74.31%
1 Mbofana, Martin	M40 Zimbabwe	4:42.47	77.69%
2 Viljoen, Joe	M40 North West North	4:52.38	75.06%
3 Odendaal, Willem	M40 North West North	5:00.31	73.07%
1 Bronkhorst, Willie	M45 Gnm	4:54.23	78.25%
2 De Beer, Solomon	M45 CGA	5:17.00	72.63%
1 Steyn, Gert	M50 Gnm	5:48.75	69.11%
1 Cloete, Fanie	M55 Gnm	7:20.00	57.23%
1 Meyer, Buks	M60 Gnm	6:48.18	64.33%
1 De Kock, Bobby	M70 Free State	9:09.35	51.86%
1 Nurden, Ken	M80 Gnm	7:16.94	75.60%
<b>800 Meter Run</b>			
<b>Name</b>	<b>Age Team</b>	<b>Finals</b>	<b>Age-Grading H#</b>
1 Da Silva, Gavin	M30 CGA	2:04.30	81.34%
1 Viljoen, Joe	M40 North West North	2:05.72	84.62%
2 Odendaal, Willem	M40 North West North	2:15.67	78.41%
3 Van Dyk, Eugene	M40 Gnm	2:48.19	63.25%
4 Keet, Ryan	M40 Gnm	3:03.30	58.04%
1 Petersen, Warren	M45 CGA	2:28.86	74.80%
1 Knipe, Francois	M50 Gnm	2:31.05	77.00%
2 Steyn, Gert	M50 Gnm	3:34.32	54.27%
1 Rudd, Philip	M55 CGA	2:31.50	80.06%
2 Cloete, Fanie	M55 Gnm	2:39.15	76.21%
1 Claassen, Len	M60 Gnm	2:32.61	82.73%
2 Meyer, Buks	M60 Gnm	3:01.25	69.66%
3 Zalani, Stephen	M60 CGA	4:57.31	42.47%
1 De Kock, Bobby	M70 Free State	4:19.93	53.29%
1 Nurden, Ken	M80 Gnm	3:11.47	85.13%
<b>400 Meter Dash</b>			
<b>Name</b>	<b>Age Team</b>	<b>Finals</b>	<b>Age-Grading</b>
1 Da Silva, Gavin	M30 CGA	54.18	79.70%
1 Steyn, Christo	M35 CGA	54.58	81.55%
2 Rossouw, Lucas	M35 Gnm	55.76	79.82%
3 Skosan, Franklin	M35 Gnm	1:07.21	66.23%
1 Viljoen, Joe	M40 North West North	53.71	85.98%
2 Van Wyk, Carel	M40 Gnm	54.56	84.64%
3 Rossouw, Theo	M40 Gnm	58.55	78.87%
4 Van Rooyen, Willem	M40 Gnm	58.73	78.63%
1 Van Wyk, Glenn	M45 Free State	1:00.87	78.63%
2 Petersen, Warren	M45 CGA	1:04.60	74.09%
1 Laubsher, Hardus	M50 Gnm	57.60	85.99%
2 Van der Vyver, Daniel	M50 Gnm	59.41	83.37%
3 Geldenhuus, Casper	M50 Gnm	59.85	82.76%
1 Tlapu, Bobie	M55 Gnm	1:02.25	82.25%

2	Rudd, Philip	M55 CGA	1:02.69	81.67%
3	Williams, Pieter	M55 Gnm	1:06.89	76.54%
4	Bester, Jan	M55 Gnm	1:11.54	71.57%
5	Bosman, Marius	M55 Gnm	1:12.72	70.41%
1	Claassen, Len	M60 Gnm	1:04.68	81.76%
2	Varty, Dennis	M60 KZN	1:07.84	77.95%
3	Downward, Trevor	M60 KZN	1:10.63	74.87%
1	Ferreira, Adam	M65 CGA	1:11.58	76.21%

#### 400 Long Hurdles

	Name	Age Team	Finals	Age-Grading
1	Knipe, Francois	M50 Gnm	1:14.23	78.27%
1	Rudd, Philip	M55 CGA	1:11.17	82.59%
2	Williams, Pieter	M55 Gnm	1:14.06	79.37%
1	Van Dyk, Eugene	M40 Gnm	1:19.87	63.93%

#### 300 Long Hurdles

	Name	Age Team	Finals	Age-Grading
1	Varty, Dennis	M60 KZN	51.89	81.54%

#### 200 Meter Dash

	Name	Age Team	Finals	Age-Grading
1	Makaula, Lwandile	M30 CGA	23.86	80.97%
2	Jordaan, Rudi	M30 CGA	23.87	80.94%
1	Dunn, Marlon	M35 CGA	25.20	79.52%
2	Skosan, Franklin	M35 Gnm	28.22	71.01%
1	Van Wyk, Carel	M40 Gnm	22.71	91.72%
1	Truter, Andre	M40 Gnm	23.63	88.15%
3	Van Zyl, Philip	M40 Vaal Triangle	29.30	71.09%
--	Ikpeowo, Ugwunna	M40 Gnm	DNF	
1	Mngomezulu, George	M45 North West North	25.18	85.86%
2	Jacobs, Andre	M45 Gnm	26.75	80.82%
1	Hacker, Ian	M50 CGA	25.17	89.07%
2	Van der Vyver, Daniel	M50 Gnm	25.50	87.92%
3	Geldenhuus, Casper	M50 Gnm	25.96	86.36%
4	Van Breda, Peet	M50 Gnm	27.75	80.79%
1	Endrody, Thomas	M55 CGA	25.08	92.54%
2	Tlapu, Bobie	M55 Gnm	26.49	87.62%
1	Claassen, Len	M60 Gnm	27.61	86.93%
2	Varty, Dennis	M60 KZN	28.33	84.72%
3	Downward, Trevor	M60 KZN	28.50	84.21%
4	Meyer, Buks	M60 Gnm	33.92	70.75%
1	Sekgobela, TB	M65 Gnm	31.27	79.28%
1	De Kock, Bobby	M70 Free State	39.80	64.82%
1	Hacker, Monty	M80 CGA	32.50	93.54%

#### 110 Short Hurdles

	Name	Age Team	Finals	Age-Grading
1	Jordaan, Rudi	M30 CGA	18.31	69.47%

#### 100 Short Hurdles

	Name	Age Team	Finals	Age-Grading
1	Gouws, Johan	M55 Gnm	15.97	88.98%

**100 Meter Dash**

<b>Name</b>	<b>Age Team</b>	<b>Finals</b>	<b>Age-Grading</b>
1 Jordaan, Rudi	M30 CGA	11.70	83.68%
2 Makaula, Lwandile	M30 CGA	11.79	83.04%
1 Steyn, Christo	M35 CGA	12.22	81.01%
2 Dunn, Marlon	M35 CGA	12.41	79.77%
3 Slabbert, Morne	M35 North West North	13.53	73.17%
1 Van Wyk, Carel	M40 Gnm	11.42	89.84%
2 Truter, Andre	M40 Gnm	11.55	88.83%
3 Van Rooyen, Willem	M40 Gnm	12.51	82.01%
4 Rossouw, Theo	M40 Gnm	13.20	77.73%
1 Jacobs, Andre	M45 Gnm	13.12	80.95%
1 Hacker, Ian	M50 CGA	12.30	89.27%
2 Van der Vyver, Daniel	M50 Gnm	12.49	87.91%
3 Laubsher, Hardus	M50 Gnm	12.70	86.46%
4 Geldenhuus, Casper	M50 Gnm	12.88	85.25%
5 Van Breda, Peet	M50 Gnm	13.56	80.97%
1 Endrody, Thomas	M55 CGA	12.49	90.79%
2 Gouws, Johan	M55 Gnm	13.37	84.82%
3 Rudd, Philip	M55 CGA	14.37	78.91%
1 Dias, Gill	M60 Gnm	13.23	88.44%
2 Claassen, Len	M60 Gnm	13.40	87.31%
3 Varty, Dennis	M60 KZN	13.57	86.22%
4 Xavier, Robert	M60 Eastern Cape	13.78	84.91%
5 Downward, Trevor	M60 KZN	13.80	84.78%
1 Sekgobela, TB	M65 Gnm	14.68	82.15%
1 Kennedy, Patrick	M70 CGA	23.10	53.77%
1 Hacker, Monty	M80 CGA	15.46	91.85%

**Long Jump**

<b>Name</b>	<b>Age Team</b>	<b>Finals</b>	<b>Age-Grading</b>
1 Van der Walt, Phillip	M35 Gnm	6.06m	71.13%
2 Slabbert, Morne	M35 North West North	5.47m	64.20%
3 Noah, John	M35 Gnm	5.21m	61.15%
4 Skosan, Franklin	M35 Gnm	5.07m	59.51%
1 Goliath, Wayne	M40 Gnm	6.08m	75.53%
2 Van Wyk, Carel	M40 Gnm	5.80m	72.05%
3 Van Rooyen, Willem	M40 Gnm	5.36m	66.58%
1 Van Wyk, Andre	M45 CGA	5.11m	67.33%
1 Van Breda, Peet	M50 Gnm	4.83m	67.74%
2 Hanekom, Eddie	M50 Gnm	3.57m	50.07%
1 Gouws, Johan	M55 Gnm	4.95m	74.21%
2 Van der Westhuizen, Euge	M55 Gnm	3.00m	44.98%
1 Nel, Japie	M60 CGA	3.62m	58.29%
1 Kennedy, Patrick	M70 CGA	2.40m	45.37%
1 Penberthy, Pearce	M75 Gnm	3.23m	66.87%

**High Jump**

<b>Name</b>	<b>Age Team</b>	<b>Finals</b>	<b>Age-Grading</b>
1 Van der Walt, Phillip	M35 Gnm	1.76m	75.86%
2 Vermeulen, Brandon	M35 CGA	1.71m	73.71%
1 Lombard, Bertus	M45 Gnm	1.53m	72.51%
1 Bezuidenhout, Vic	M50 Gnm	1.53m	76.50%
1 Gouws, Johan	M55 Gnm	1.63m	86.24%
2 Endrody, Thomas	M55 CGA	1.58m	83.60%
3 Williams, Pieter	M55 Gnm	1.43m	75.66%
1 Grove, Peet	M60 CGA	1.35m	75.84%

**Triple Jump**

Name	Age Team	Finals	Age-Grading
1 Swekile, Simphiwe	M35 North West North	12.64m	69.99%
2 Vermeulen, Brandon	M35 CGA	10.91m	60.41%
3 Noah, John	M35 Gnm	10.40m	57.59%
4 Slabbert, Morne	M35 North West North	9.85m	54.54%
1 Goliath, Wayne	M40 Gnm	12.07m	70.75%
1 Van Wyk, Andre	M45 CGA	10.59m	65.94%
1 Pohl, Angus	M50 Gnm	12.50m	83.00%
1 Kennedy, Patrick	M70 CGA	5.57m	50.41%

**Shot Put**

Name	Age Team	Finals	Age-Grading
1 Noah, John	M35 Gnm	11.73m	50.74%
2 Botha, Bennie	M35 CGA	8.99m	38.88%
1 Venter, Martin	M40 Gnm	13.04m	57.93%
2 Swanepoel, Jan	M40 Gnm	12.50m	55.53%
3 Raaths, Marthinus	M40 North West North	10.52m	46.73%
4 Erasmus, Jaco	M40 CGA	10.07m	44.74%
1 Scheepers, Conradie	M45 Free State	14.74m	70.97%
2 Botha, Hendrik	M45 North West North	11.79m	56.76%
3 Smit, Hennie	M45 Vaal Triangle	10.58m	50.94%
4 Boshoff, Jaco	M45 Gnm	9.78m	47.09%
5 Du Toit, Bul	M45 Vaal Triangle	9.07m	43.67%
1 Haupt, Burton	M50 Gnm	15.21m	75.45%
2 De Wit, Francois	M50 Gnm	12.83m	63.64%
3 Bezuidenhout, Vic	M50 Gnm	12.28m	60.91%
4 De Witt, Whytie	M50 Gnm	10.94m	54.27%
5 Hillebrand, Len	M50 Free State	10.79m	53.52%
6 Slement, Andrew	M50 Gnm	10.51m	52.13%
7 Erasmus, Pieter	M50 Gnm	9.85m	48.86%
8 Ras, Peter	M50 Gnm	8.63m	42.81%
1 Kichenbrand, Stephen	M55 Gnm	10.87m	59.89%
2 Aggouras, Nick	M55 Gnm	10.73m	59.12%
3 Ferreira, Frik	M55 Gnm	10.51m	57.91%
4 Wiese, Juan	M55 Gnm	9.75m	53.72%
1 Du Plessis, Slappie	M60 Vaal Triangle	12.32m	67.69%
2 Smit, Reuben	M60 Gnm	11.64m	63.96%
3 Breytenbach, Wynand	M60 Gnm	10.43m	57.31%
4 Nel, Japie	M60 CGA	9.09m	49.95%
1 Sterley, Dereck	M65 Gnm	11.40m	72.57%
1 Horn, Louis	M70 Gnm	10.61m	59.74%
2 Meaker, Frank	M70 Gnm	6.82m	38.40%
1 Rzepecki, Andrzej	M75 KZN	10.61m	69.03%
2 Skea, Everard	M75 Gnm	10.35m	67.34%
3 Stoltz, Jan	M75 Gnm	7.60m	49.45%
4 Muir, Neville	M75 Gnm	3.39m	22.06%
1 Willers, Oubaas	M80 Vaal Triangle	8.88m	59.48%
2 Grobler, Frans	M80 Gnm	6.60m	44.21%
3 Theron, Sarel	M80 Gnm	6.44m	43.13%

**Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Botha, Bennie	M35 CGA	8.20m	32.51%
1 Venter, Martin	M40 Gnm	16.41m	69.45%
2 Swanepoel, Jan	M40 Gnm	11.77m	49.81%
1 Meiring, Vince	M45 Gnm	14.80m	67.15%
2 Boshoff, Jaco	M45 Gnm	9.31m	42.24%
1 Haupt, Burton	M50 Gnm	17.93m	77.12%
2 Bezuidenhout, Vic	M50 Gnm	14.01m	60.26%

3	De Witt, Whytie	M50	Gnm	11.15m	47.96%
1	Aggouras, Nick	M55	Gnm	16.38m	76.69%
2	Nel, Hannes	M55	Vaal Triangle	15.34m	71.82%
3	Louw, Gawie	M55	CGA	14.57m	68.21%
4	Kichenbrand, Stephen	M55	Gnm	13.79m	64.56%
1	Du Plessis, Slappie	M60	Vaal Triangle	11.80m	51.98%
1	Sterley, Dereck	M65	Gnm	10.26m	50.05%
1	Rzepecki, Andrzej	M75	KZN	17.85m	101.71%
1	Willers, Oubaas	M80	Vaal Triangle	11.27m	68.55%
2	Grobler, Frans	M80	Gnm	7.41m	45.07%

### Discus Throw

	Name	Age	Team	Finals	Age-Grading
1	Slabbert, Morne	M35	North West North	24.43m	32.98%
2	Botha, Bennie	M35	CGA	24.29m	32.79%
1	Swanepoel, Jan	M40	Gnm	44.89m	60.60%
2	Venter, Martin	M40	Gnm	37.45m	50.55%
3	Erasmus, Jaco	M40	CGA	26.34m	35.56%
1	Scheepers, Conradie	M45	Free State	43.83m	62.12%
2	Smit, Hennie	M45	Vaal Triangle	34.94m	49.52%
3	Meiring, Vince	M45	Gnm	34.39m	48.74%
4	Botha, Hendrik	M45	North West North	33.19m	47.04%
5	Boshoff, Jaco	M45	Gnm	33.10m	46.91%
1	Haupt, Burton	M50	Gnm	45.16m	60.96%
2	Hillebrand, Len	M50	Free State	39.13m	52.82%
3	Bezuidenhout, Vic	M50	Gnm	37.69m	50.88%
4	De Wit, Francois	M50	Gnm	36.04m	48.65%
5	Slement, Andrew	M50	Gnm	33.80m	45.63%
6	Erasmus, Pieter	M50	Gnm	33.39m	45.07%
7	De Witt, Whytie	M50	Gnm	32.23m	43.51%
8	Ras, Peter	M50	Gnm	29.35m	39.62%
1	Kichenbrand, Stephen	M55	Gnm	36.79m	54.55%
2	Aggouras, Nick	M55	Gnm	33.86m	50.21%
3	Wiese, Juan	M55	Gnm	28.08m	41.64%
4	Van der Westhuizen, Euge	M55	Gnm	17.57m	26.05%
1	Du Plessis, Slappie	M60	Vaal Triangle	32.19m	48.81%
2	Schultz, Lourens	M60	Gnm	31.50m	47.76%
3	Smit, Reuben	M60	Gnm	31.33m	47.51%
4	Breytenbach, Wynand	M60	Gnm	29.16m	44.22%
5	Ludick, Egedion	M60	Gnm	26.47m	40.14%
1	Sterley, Dereck	M65	Gnm	38.64m	65.27%
2	Markotter, Hein	M65	Gnm	29.49m	49.81%
1	Horn, Louis	M70	Gnm	24.80m	47.29%
2	Meaker, Frank	M70	Gnm	19.79m	37.74%
1	Rzepecki, Andrzej	M75	KZN	27.68m	60.60%
2	Stoltz, Jan	M75	Gnm	25.10m	54.95%
3	Skea, Everard	M75	Gnm	23.68m	51.84%
1	Willers, Oubaas	M80	Vaal Triangle	19.41m	49.87%
2	Theron, Sarel	M80	Gnm	13.58m	34.89%
3	Grobler, Frans	M80	Gnm	13.26m	34.07%

### Hammer Throw

	Name	Age	Team	Finals	Age-Grading
1	Botha, Bennie	M35	CGA	24.19m	27.89%
1	Harmse, Chris	M40	Free State	72.58m	90.35%
2	Venter, Martin	M40	Gnm	51.04m	63.54%
1	Meiring, Vince	M45	Gnm	50.17m	68.52%
2	Du Toit, Bul	M45	Vaal Triangle	25.23m	34.46%
3	Boshoff, Jaco	M45	Gnm	24.24m	33.11%
1	Haupt, Burton	M50	Gnm	49.53m	66.55%
2	Bezuidenhout, Vic	M50	Gnm	33.51m	45.03%

3	De Witt, Whytie	M50 Gnm	32.10m	43.13%
4	Ras, Peter	M50 Gnm	22.22m	29.86%
1	Aggouras, Nick	M55 Gnm	42.00m	62.91%
2	Nel, Hannes	M55 Vaal Triangle	39.06m	58.51%
3	Louw, Gawie	M55 CGA	38.74m	58.03%
4	Kichenbrand, Stephen	M55 Gnm	38.56m	57.76%
1	Du Plessis, Slappie	M60 Vaal Triangle	34.69m	56.22%
1	Sterley, Dereck	M65 Gnm	28.47m	52.03%
1	Rzepecki, Andrzej	M75 KZN	40.92m	88.46%
1	Willers, Oubaas	M80 Vaal Triangle	25.93m	58.28%
2	Grobler, Frans	M80 Gnm	16.99m	38.19%

### Javelin Throw

Name	Age	Team	Finals	Age-Grading
1 Prinsloo, Gerrit	M30	Free State	25.80m	26.20%
1 Slabbert, Morne	M35	North West North	37.73m	39.98%
2 Botha, Bennie	M35	CGA	27.14m	28.76%
1 Bond, Gavin	M40	Gnm	49.18m	56.35%
2 Erasmus, Jaco	M40	CGA	40.37m	46.25%
3 Blaauw, David	M40	Gnm	39.04m	44.73%
1 Boshoff, Jaco	M45	Gnm	36.95m	46.08%
1 Bezuidenhout, Vic	M50	Gnm	41.68m	54.13%
1 Louw, Gawie	M55	CGA	51.67m	73.76%
2 Kichenbrand, Stephen	M55	Gnm	49.68m	70.92%
3 Makous, Monte	M55	Gnm	47.68m	68.07%
4 Ferreira, Frik	M55	Gnm	33.01m	47.12%
1 Ludeke, Dave	M60	Gnm	44.25m	66.52%
2 Schultz, Lourens	M60	Gnm	33.55m	50.44%
3 Ludick, Egedion	M60	Gnm	31.81m	47.82%
4 Nel, Japie	M60	CGA	17.90m	26.91%
1 Sterley, Dereck	M65	Gnm	36.18m	60.60%
2 Markotter, Hein	M65	Gnm	27.22m	45.59%
1 Meaker, Frank	M70	Gnm	17.60m	31.21%
1 Stern, Eddy	M75	CGA	24.91m	50.84%
2 Rzepecki, Andrzej	M75	KZN	24.23m	49.45%
1 Willers, Oubaas	M80	Vaal Triangle	20.74m	43.41%
2 Theron, Sarel	M80	Gnm	16.98m	35.54%

### Greek Discus

Name	Age	Team	Finals	Age-Grading
1 Boshoff, Jaco	M45	Gnm	17.78m	
2 Du Toit, Bul	M45	Vaal Triangle	11.42m	
1 Haupt, Burton	M50	Gnm	25.65m	
2 Bezuidenhout, Vic	M50	Gnm	21.51m	
3 Slement, Andrew	M50	Gnm	19.77m	
4 De Witt, Whytie	M50	Gnm	18.80m	
5 Ras, Peter	M50	Gnm	16.96m	
1 Du Plessis, Slappie	M60	Vaal Triangle	24.01m	
2 Smit, Reuben	M60	Gnm	20.01m	
3 Breytenbach, Wynand	M60	Gnm	19.46m	
1 Markotter, Hein	M65	Gnm	20.48m	
1 Horn, Louis	M70	Gnm	18.40m	
1 Willers, Oubaas	M80	Vaal Triangle	12.87m	